Education:

University of Michigan Expected: December 2015

Master of Social Work Candidate

Ann Arbor, Michigan
Interpersonal Practice and Management of Human Services

GPA: 4.0

Aging in Families and Societies

School of Visual Arts

May 1996

Bachelor of Fine Arts - Illustration New York, New York

Relevant Experience:

Duane L. Waters Hospital, Michigan Department of Corrections

February 2015 - Current Jackson, Michigan

End-of-Life/Spiritual Volunteer

· Research and develop Dignity Therapy Program with prison Chaplain for end-of-life inmates.

- · Provide dignity therapy intervention for end-of-life inmates.
- · Edit life narrative into cohesive document for review with inmates and to share with their loved ones.
- · Train inmate volunteers in Dignity Therapy interview techniques & mindfulness practices for effectiveness.

Beaumont Health System at Farmington Hills

May 2015 – September 2015

Geropsychiatry Social Work Intern

Farmington Hills, Michigan

- · Assessed new patient inquiries for criteria and appropriateness for unit intake admissions.
- · Oriented families to geropsychiatry programs, patient rights, court procedures & expectations for the unit.
- · Interfaced and coordinated with interdisciplinary teams, insurance & other facilities for intake and discharge.
- · Researched post psychiatric inpatient discharge to reduce hospital readmissions.
- · Co-led psychotherapy group sessions with patients and document progress in chart notes.
- · Created new Behavioral Treatment Plan template for use on unit by interdisciplinary team.
- · Certification in American Heart Association Basic Life Support.

Hospice Witswatersrand

August 2015

Dignity Therapy Hospice Volunteer

Johannesburg, South Africa

- · Researched barriers to delivery of palliative care services specific to South Africa.
- · Prepared basic manual and presentation outlining principals and procedures of Dignity Therapy.
- · Trained hospice social workers in Dignity Therapy intervention & provided Dignity Therapy for patients.
- · Wrote and maintained blog detailing experiences volunteering at hospice www.allsorrows.com.

University of Michigan Health System

September 2014 – April 2014

Department of Social Work Intern – Turner Geriatric Clinic

Ann Arbor, Michigan

- · Conducted new patient psychosocial assessments; provided interventions & resources to patients.
- · Administered mini mental status exam (MMSE) and geriatric depression screener (GDS) to patients.
- · Trained in Dialectical Behavioral Therapy and Motivational Interviewing techniques.
- · Developed and co-facilitated new arthritis support group at Turner Senior Resource Center.
- · Oversaw U.S. MSW student participation in Japan Program for student field site visits.
- · Focused on palliative care in clinics and preceptorships at UMHS.

The Doula Program to Accompany and Comfort

September 2013 – August 2014

End of Life Doula Volunteer

New York, New York

- · Completed 8-week Doula training to companion isolated individuals facing end-of-life.
- · Participated in monthly meetings & discussions to maintain skills and keep current with end-of-life practices.

A Caring Hand

September 2012 – August 2014

Volunteer Group Facilitator

New York, New York

- · Co-led 10 week children's bereavement curriculum and monthly drop-in groups.
- · Established group cohesion through discussion and activities; provided written feedback.
- · Represented and spoke for current volunteers during new volunteer training sessions.

Zen Hospice Project

Special Skills Volunteer

May 2011 – January 2012 San Francisco, California

- · Provided and prepared healthy, organic meals for residents.
- · Visited and companioned residents as time permitted.

Design Experience:

Independent Design Professional

Freelance Designer & Illustrator

February 2011 – August 2014

New York, New York

- · Developed concept & design and provided technical packages and illustrations for clients.
- · Client list: The Frye Company, Kate Spade, Urban Outfitters, Smart Fusion & Evie Bett.
- · 2013 Part of Frye team awarded ACE Legacy Award.

Charlotte Russe

May 2010 – February 2011

Design & Trend - Accessories

San Francisco, California

- · Directed trend for all accessories categories: bags, shoes, jewelry and soft accessories.
- · Developed new vendor partnerships to produce higher quality deliverables within budget.
- · Created and conducted seasonal trend presentations and meetings for merchandising team.

American Eagle Outfitters

Senior Designer

December 2008 – April 2010

New York, NY

- · Directly managed designer as senior designer for bags, belts and wallets.
- · Compiled and evaluated trends and designed concepts relevant to brand identity.
- · Independently traveled to factories in China to collaborate with vendors on sampling product.

Banana Republic

May 2005 – December 2008

Designer/Technical Designer – Bags & Small Leather Goods

New York, NY

- · Developed and designed handbags and collection specific small leather goods.
- · Supervised all post adoption approvals for design intention and specifications for production.
- · Mentored new business partners in design and adoption procedures.
- · 2008 Team awarded ACE Accessories Retailer of the Year.
- · 2007 Banana Republic Exceed Award.

International Experience:

Buranarumluk School

October 1997 - March 1999

Trang, Thailand

Art and English Teacher

- · Developed and instructed Papermaking course and English for Business course.
- · Conducted outreach papermaking session with students for residents of a juvenile detention center.
- · Advised and prepared students for English language competitions.

Awards & Honors - University of Michigan:

2015 Center for the Education of Women, Inaugural Retirement Income Solutions Scholar.

2015 Social Justice Grand Rounds Presentation at University of Michigan Health System.

2015 Alumni Board of Governors Award.

2015 President, Sigma Phi Omega, National Gerontology Honor Society, Gamma Sigma Chapter.

2014 Global Special Studies Grant.

2014 Geriatric Scholar.

Websites: www.coroflot.com/nycgift • www.seelio.com/giftchow

Computer Skills: Paragon, Epic, Adobe Creative Suite.

International Experience: South Africa, China, Korea, Thailand.

Languages: Thai - conversationally proficient.