

## PROFILE OF PSYCHOLOGICAL ABUSE OF WOMEN

Please show below how often you have experienced each of the behaviors from your partner by circling either "never", "less than once a month", "once a month", "2-3 times a month", "once a week", "2-3 times a week", or "daily". If you are not sure of the exact frequency, please give your best estimate. If you are no longer with a partner, answer as though it was your last time with him

### HOW OFTEN DOES YOUR PARTNER:

1) Become angry if you want to be with someone else and not with him?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

2) Ask that everything be done in an exact way?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

3) Not let you have your mail or telephone calls?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

4) Make you account for the time you spend away from him?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

5) Ignore you when you start to talk?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

6) Say you're crazy or stupid?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

7) Become jealous of your friends, family or pets?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

8) Put you down if you cry or ask for emotional support?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

9) Tell you that you are worthless?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

10) Ask for detailed reports of your activities?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

11) Ignore your need for help when you're sick or tired?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

12) Tell you your cooking or cleaning is not right?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

13) Ridicule the things that you value most in yourself?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

14) Make critical comments about your work inside or outside the home?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

15) Check up on you throughout the day?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

16) Makes the TV, a magazine, the newspaper, or other people seem more important than you are?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

17) Threaten to hurt pets, friends, or relatives if you don't do what he wants?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

18) Call you names like "slut" or "whore"?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

19) Wrongly accuse you of having affairs?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

20) Refuse to do what was sexually satisfying for you?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

21) Discourage your plans or minimize your successes?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

Subscales: JC: 1, 3, 4, 7, 10, 15, 17, 19; I: 5, 8, 11, 16, 20; RT: 6, 9, 13, 18, 21; CB: 2, 12, 14

From: Sackett, L. A. & Saunders, D. G. (1999). The impact of different forms of psychological abuse on battered women. *Violence and Victims, 14*, 105-117.