



Course title:	Mental Health Disorders In Adulthood	
Course #/term:	SW 606 801 Winter 2023	
Time and place:	Tuesday, 6:00-8:00 p.m. EST Online	
Credit hours:	3	
Prerequisites:	None	
Instructor:	Colleen E Crane MSW, LMSW	
Pronouns:	She/her	
Contact info:	Email: kennac@umich.edu	Phone: 248-330-3585
	You may expect a response within 24 hours	
Office hours:	By Appointment	

Course Statement

This interprofessional course is for student learners in the areas of social work, nursing, pharmacy, and dentistry. This course will present the state-of-the-art knowledge and research of mental disorders of adults and the elderly, as well as factors that promote mental health, and prevent mental disorders and substance related problems in adults and the elderly. Using a clinical case discussion format this class will highlight mental health diagnoses, comorbidity, and collaboration across health professions. Social determinants of health/mental health will be used as an organizing framework for discussing the impact of factors associated with health and mental health across diverse cultures, groups and populations. Classification systems of adult mental functioning and mental disorders will be presented, such as the Diagnostic and Statistical Manual of Mental Disorders-Fifth Edition (DSM-5-TR). Students will be taught to critically understand both the strengths and limitations of these classification systems and how to use these systems in practice. Interprofessional education competencies related to teamwork and collaboration, values and ethics, and communication will be addressed.

Course objectives and competencies

- Define the major features and the natural history of the most common mental disorders and disorders with the greatest impact on the public systems of care (EPAS 1, 6, 7).
- Analyze the diagnostic system as a generalizable framework for assessing, evaluating, and diagnosing individuals with mental health concerns (EPAS 7).
- Integrate mental health, health, and substance-related problems within a co- and multi-morbidity, and differential diagnosis framework (EPAS 7). Apply the best practice/best available interventions and treatments for mental health disorders (EPAS 7).
- Synthesize critical perspectives, intersectionality, and cultural humility to conceptualize cases (EPAS 2, 5, 6).

Course design

The objectives of the course will be pursued through readings, lectures, clinical team discussions, case studies and presentations, videos, and guest lectures. Specific Interprofessional Competencies as identified by the UM Center for Interprofessional Education will be addressed.

Intensive focus on PODS

This course integrates PODS content and skills with a special emphasis on the identification of theories, practice, and/or policies that promote social justice, illuminate social injustices and are consistent with scientific and professional knowledge. Through the use of a variety of instructional methods, this course will support students developing a vision of social justice, learn to recognize and reduce mechanisms that support oppression and injustice, work toward social justice processes, apply intersectionality and intercultural frameworks and strengthen critical consciousness, self knowledge and self awareness to facilitate PODS learning.

Class Requirements

Text and Class Materials:

Required:

- 1) American Psychiatric Association: Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, Text Revision. Washington, DC, American Psychiatric Association, 2022.

The SSW library also has a subscription to the DSM-5-TR through Mirlyn Catalog. You can access it on-line through the University of Michigan Website <https://www.umich.edu/> and under quick links selecting

Library Catalog. Log in and search for Diagnostic and Statistical Manual of Mental Disorders: DSM-5-TR. Select and scroll down to Electronic Resources and click Available Online

Here is a link to the DSM-5-TR online:

<https://dsm-psychiatryonline-org.proxy.lib.umich.edu/doi/book/10.1176/appi.books.9780890425787>

- 2) Beidel, D. C., & Frueh, B. C. (Eds.). (2018). Adult psychopathology and diagnosis (8th ed.). John Wiley & Sons.

*The 7th Edition for Beidel is available through the library website; however, the 8th edition is reflective of the changes made in the DSM-5.

Other assigned readings can be accessed through Canvas and will include added readings, or multimedia materials, and optional supplemental readings.

Recommended but not required:

- Stahl, S. M. (2020). Prescriber's guide: Stahl's essential psychopharmacology (7th ed.). Cambridge University Press.
- DSM-5 online supplemental information can be found at: <http://www.psychiatry.org/dsm5>
- The DSM-5 Casebook can also be found at:
<http://dsm.psychiatryonline.org/doi/book/10.1176/appi.books.9781585624836>
 - Zimmerman, M. (2013). Interview Guide for Evaluating DSM-5 Psychiatric Disorder and the Mental Status Examination. East Greenwich, Rhode Island. Psych Products Press.
 - Morrison, J. (2014). DSM-5 made easy: The clinician's guide to diagnosis. NY: Guilford Press.
 - Craighead, W. E., Millowitz, D. J., & Craighead, L. W. (Eds.) (2017), Psychopathology: history, diagnosis, and empirical foundations (3rd ed.). Wiley
 - Preston, J. D., O'Neal, J. H., Talaga, M. C., & Moore, B. A. (2021). Handbook of clinical psychopharmacology for therapists. New Harbinger Publications.

Class Schedule:

Please see Canvas for schedule and assignment of modules.

Assignments:

Students will receive feedback on their assignments in a timely manner. Feedback will be provided within approximately the week following the due date of the assignment.

Late work needs to be discussed with me as soon as possible. For every day late, your assignment will have 1 point deducted, with a total of 5 points possible deducted from the assignment grade. For example, if the assignment is worth 10 points, you can lose a total of 5 points for late submission of

work. If you know that you are having difficulty completing the assignments, it is your responsibility to reach out to me as soon as possible to come up with a plan. I try to be flexible, but chronic late submission of assignments will warrant a Zoom call where we can come up with a suitable agreement to get your work in on time.

The final grade for the course will be based on the following criteria:

Assignment	Points	Due Date
Psychopharmacology Paper	20	2/7/2023
Documentary on Mental Illness	20	3/7/2023
Midterm Exam	20	3/14/23
DSM-5-TR Controversial Topics	20	3/28/2023
Write-up of a Diagnosis	30	4/11/2023
Reflection Journals x3 and Module 1 post	40	see canvas

The specifics of each assignment and rubrics are on Canvas.

Attendance and Class Participation:

Attendance is necessary for participation to occur but attendance alone is not enough –you have to actively engage – ask and answer questions, and make comments. Participation counts! Participation helps you learn and retain concepts from our class! If you are to miss more than 1 class during the semester, you will need to speak with me, as an additional writing assignment will be required of you. While attendance is not “graded” , the success of our online class means active engagement for everyone.

Typically each week we’ll have some combination of lecture, small group discussion, and full class discussion. As we progress through the semester, I will begin to highlight readings based on our class discussions. Each week, in the discussion you will be asked about the core concepts and relevant implications of these concepts. Core concepts should link from one week to the next in the sense that you should be asking yourself (and me) how the current week’s content relates to what we already learned. The goal of the discussions is to create an active learning context in which each week’s content is actively linked to prior content so that by the end of the semester, students will have a linked memory structure, facilitating later recall and use of the material in class and in the field.

Please refer to the MSW Student Guide for policies related to attendance and class participation found here: <https://ssw.umich.edu/msw-student-guide/section/1.08.00/17/policy-on-class-attendance>

Live Zoom Participation:

Active learning has demonstrated better educational outcomes, including better retention of the things that we learn and sharpening our critical thinking skills. In other words, grappling with material together,

inclusive of our variations in personal background, social work interests, values, and ideologies creates a compelling learning space. It will be expected that you read the assigned material, making note of aspects that warrant discussion, before each class. In this way each class member has the opportunity to contribute and participate in the learning environment. The skills you acquire through discussing important issues with your peers in this and other classes at the SSW will be invaluable to you as a professional social worker. In order to participate in Zoom you will need to have a camera and microphone available.

Class Recording and Course Materials:

Audio and video recording of on-class lectures and discussions is prohibited without the advance written permission of the instructor. Students with an approved accommodation from the Office of Services for Students with Disabilities permitting the recording of class meetings must present documentation to the instructor in advance of any recording being done. The instructor reserves the right to disallow recording for a portion of any class time where privacy is a special concern. If the instructor chooses to record a class, they will decide which classes, if any, are recorded, what portion of each class is recorded, and whether a recording is made available on the course management website. On days when classes are recorded, students will be notified a recording is occurring. Class recordings and course materials may not be reproduced, sold, published or distributed to others, in whole or in part, without the written consent of the instructor.

Grading:

The Grading Scale is:

A = 100% - 95%	B+ = 89% - 86%	C+ = 79% -76%
A- = 94% - 90%	B = 85% - 83%	C = 75% -73%
	B- = 82% - 80%	C- = 72% - 70%

For UM School of Social Work Policies, please go to Grades in Academic Courses and in Field Instruction: <https://ssw.umich.edu/msw-student-guide/section/1.07.00/14/grades-in-academic-courses-and-in-field-education>. As well as Student Grievance procedures: <https://ssw.umich.edu/msw-student-guide/section/1.13.00/58/process-governing-student-grievances> and the policy for grading in special circumstances, <https://ssw.umich.edu/msw-student-guide/section/1.07.01/15/grades-for-special-circumstances>. Individual assignment grading can be found in each assignment's rubric.

COVID-19 Statement

For the safety of all students, faculty, and staff on campus, it is important for each of us to be mindful of safety measures that have been put in place for our protection. Your participation in this course is conditional upon your adherence to all safety measures mandated by the state of Michigan and the

University, including properly wearing a face covering in class and compliance with the University COVID-19 Vaccination Policy. Other applicable and additional safety measures may be described in the Campus Maize & Blueprint. Your ability to participate in this course may be impacted by failure to comply with campus safety measures. Individuals seeking to request an accommodation related to the face covering requirement under the Americans with Disabilities Act should contact the Office for Institutional Equity and those seeking an exemption related to the vaccination requirement should submit an exemption request through WolverineAccess. I also encourage you to review the Statement of Student Rights and Responsibilities and the COVID-related Addendum to the Statement of Student Rights and Responsibilities.

Health-Related Class Absences

Please evaluate your own health status regularly and refrain from attending class and coming to campus if you are ill. You are encouraged to seek appropriate medical attention for treatment. School of Social Work students who miss class due to illness of any kind will be given opportunities to access course materials online or provided with alternative learning opportunities. Please notify me by email about your absence as soon as practical, so that I can make accommodations. Please note that documentation (a doctor's note) for medical excuses is *not* required.

Additional School and University policies, information and resources are available here: <https://sww.umich.edu/standard-policies-information-resources>. They include:

- *Safety and emergency preparedness*
- *Mental health and well-being*
- *Teaching evaluations*
- *Proper use of names and pronouns*
- *Accommodations for students with disabilities*
- *Religious/spiritual observances*
- *Military deployment*
- *Writing skills and expectations*
- *Academic integrity and plagiarism*