Course title: Behavioral, Psychosocial and Ecological Aspects of Health, Mental Health and Disease

Course #/term: SW600, Section 002, Fall, 2022

Time and place: Thursdays, 2pm – 5pm, Room 3752

Credit hours: 3

Prerequisites: Foundational Essentials Required

Instructor: Katrina R. Ellis, PhD, MPH, MSW

Contact info: Email: kahe@umich.edu
Phone: (734) 615-3487

- Include “SW 600 Thursday” in the subject line of the email
- You may expect a response within 2 business days

Office: 3849 SSWB

Office hours: Wednesdays (2:30pm – 3:30pm) and by appointment. Schedule a meeting via Dr. Ellis’ Google Appointment calendar or email directly for alternate times.

1. Course Statement

a. Course description
This course will survey the distribution, determinants, and biomedical, psychological, and behavioral aspects of health inclusive of physical, mental and behavioral health and disease across the life span from pre-birth to death. Social, economic, environmental, structural, and cultural variations in and determinants of health, disease, and quality of life will be addressed, including the influence of factors such as race, gender, sexual orientation, geography, ability, biological, genetic and epigenetic factors. Barriers to access and utilization, geopolitical influences, environmental justice, social injustice, oppression and racism, historical trends, and future directions will be reviewed. Health beliefs and models of health behavior (e.g. Health Belief Model, Theory of Planned Behavior,) and structural determinants of health (e.g. Minority Stress Theory) will be presented, including help-seeking and utilization of health services. Stress, allostatic
load, coping and social support, adaptation to chronic illness, the influences of privilege, stigma and discrimination, quality of life, and death and dying will also be covered.

b. Course content
This course will provide students with an overview of major causes of mortality and morbidity in the United States, including demographic, biological, behavioral, social, community, and epigenetic factors affecting health, disease, and quality of life. Special emphasis will be placed on risk factors and protective factors and implications for health promotion and disease prevention over the life span. A major focus of this course will be the impact of race, ethnicity, culture, gender, and sexual orientation on health and disease, as well as the effects of poverty, discrimination, and privilege on access, utilization, and quality of care. Comparative definitions and theories of health and disease, including their evolution, strengths, limitations, and implications for social work and social welfare, will be presented. Theories and research on health behavior will be examined, including cultural differences in health beliefs and practices, use of health services, and barriers to care. Research and theory on stress, coping, and adaptation to illness over the life span will be presented, including the role of social support and the impact of discrimination and privilege on health status and disease outcomes. Implications for social work practice and social policy will be addressed throughout this course.

c. Course objectives and competencies
Upon completion of the course, students will be able to:

1. Analyze the major causes of mortality and morbidity in the United States, and how they differ among various population groups (EPAS 2, 3, 5).
2. Evaluate the impact of diversity dimensions, for example, ability, age, class, color, culture, ethnicity, family structure, gender (including gender identity and gender expression), marital status, national origin, race, geography religion or spirituality, sex, and sexual orientation, etc., and in particular the impact of discrimination and privilege on health across the lifespan (EPAS 2, 3).
3. Explain the influence of social, economic, geopolitical, and environmental factors on mortality and morbidity, and the ethical and social justice implications across the lifespan (EPAS 1, 2, 3, 5).
4. Compare concepts and definitions of health and disease, including their evolution, strengths, and limitations, as well as the implications for health promotion, disease prevention, treatment, rehabilitation, and social work practice (EPAS 2, 3).
5. Examine biological, socioeconomic, cultural, and behavioral risk and protective factors for health, disease, and quality of life across the lifespan (EPAS 2, 3).
6. Apply current theories and models of health behavior (e.g. substance use, smoking, exercise, and nutrition) and their implications for health promotion, disease prevention, treatment, rehabilitation, and social work practice across the lifespan (EPAS 4).
7. Distinguish how cultural and religious differences in health beliefs and practices may impact utilization of health services, and barriers to care (EPAS 3, 5).
8. Determine how stress, strain, and chronic illness impact health, coping, and adaptation among individuals in relation to health and disease across the lifespan (EPAS 3, 4).

d. Course design
The course format will include brief lectures, discussion, individual and group projects, in-class application activities, written assignments, and guest speakers.

e. Relationship to social work ethics and values
This course will address ethical and value issues related to behavioral, psychosocial, and ecological aspects of health and disease. The NASW Code of Ethics will be used to inform practice in this area. Special emphasis will be placed on issues related to health care and the social worker's responsibility to promote the general welfare of society. In addition, ethical issues related to working with various client systems will be reviewed, such as confidentiality, privacy, rights and prerogatives of clients, the client's best interest, proper and improper relationships with clients, interruption of services, and termination.

f. Intensive focus on PODS
This course integrates PODS content and skills with a special emphasis on the identification of theories, practice and/or policies that promote social justice, illuminate injustices and are consistent with scientific and professional knowledge. Through the use of a variety of instructional methods, this course will support students developing a vision of social justice, learn to recognize and reduce mechanisms that support oppression and injustice, work toward social justice processes, apply intersectionality and intercultural frameworks and strengthen critical consciousness, self-knowledge and self-awareness to facilitate PODS learning.

Multiculturalism and Diversity will be addressed throughout this course and will be highlighted in content related to cultural differences in health beliefs and health behavior and the role of protective factors and social support in health status and disease outcomes. Key diversity dimensions will be examined as they relate to health beliefs and health behavior.

Social Justice and Social Change will be addressed in content on differences in mortality and morbidity in population subgroups and access and barriers to care as well as diversity in health outcomes based on health disparities.

Promotion, Prevention, Treatment, and Rehabilitation will be addressed through content on concepts and definitions of health and disease, theories and models of health behavior, and stress, coping, and adaptation as they relate to health and disease across the lifespan.

Students will be encouraged to actively contribute from their experiences, field placement practice, current news and knowledge of readings to considerations of health and health care to:
• help support and develop a vision of social justice
• learn to recognize and reduce mechanisms that support oppression and injustice
• work toward social justice processes
• apply intersectionality and intercultural frameworks
• strengthen critical consciousness, self-knowledge and self-awareness to facilitate PODS learning

2. Class Requirements

a. Text and class materials

The full book is available for download for free through the University of Michigan Library website.

Additional required and recommended readings, as well as multimedia including podcasts, Ted Talks, Youtube videos, etc. are posted on Canvas under Modules. Please let me know if any of the materials are inaccessible (e.g., articles are not compatible with a screen reader or videos do not include closed captions).
### b. Class schedule

<table>
<thead>
<tr>
<th>Date/Time</th>
<th>Agenda</th>
<th>Required Readings &amp; Assignments (listed in recommended order of completion)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Week 1</strong></td>
<td></td>
<td><strong>READ:</strong></td>
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| Sept 1, 2022   | Module 1: Course Introduction and Definitions of Health; Ethical and Legal Issues Related to Health | 1. Chapter 1: The Conceptual Underpinnings of Social Work in Health Care  
2. Chapter 3: Ethics in Health Care  
3. NASW Code of Ethics |
|                |                                                                        | **ATTEND:** Class Session **September 1st at 2pm**                                                                                     |
|                |                                                                        | **COMPLETE:**                                                                                                                       |
|                |                                                                        | 1. Schedule your “Health in the News” date                                                                                           |
|                |                                                                        | 2. Introduce yourself discussion Primary Post 1 by **Saturday, September 3rd**                                                       |
|                |                                                                        | 3. Introduce Yourself – Two (2) Response Posts by **Tuesday, September 6th**                                                        |
| **Week 2**     |                                                                        | **WATCH:** Social Determinants of Health—An Introduction                                                                           |
| Sept 8, 2022   | Module 2: Social Determinants of Health and Measurement of Health        | **READ:**                                                                                                                             |
|                |                                                                        | 1. Chapter 8. Community and Health  
2. “Epidemiology: The Study of Disease, Injury and Death in the Community”                                                               |
|                |                                                                        | **ATTEND:** Class Session **September 8th at 2pm**                                                                                    |
| **Week 3**     |                                                                        | **WATCH:** Rebecca Onie: What Americans Agree on When It Comes to Health Care                                                        |
| Sept 15, 2022  | Module 3: Integrated Health and Interprofessional Practice Models       | **READ:**                                                                                                                             |
|                |                                                                        | 1. Chapter 2: Social Work Roles and Health Care Settings  
2. Chapter 9: The Implementation of Integrated Behavioral Health Models                                                                      |
|                |                                                                        | **ATTEND:** Class Session **September 15th at 2pm**                                                                                  |
|                |                                                                        | **START:** IPE Introduction to Inter-professional                                                                                      |
| Week 4  | Sept 22, 2022 | Module 4: Health Disparities – Access and Equity | **WATCH:**  
1. David Williams: How racism makes us sick  
2. Pre-recorded lecture  

**READ:**  
3. “Wealth matters for health equity”  
4. “Heath disparities and health equity: the issue is justice”  

**ATTEND:** Class Session September 22nd at 2pm  
**COMPLETE:** Perusall-facilitated discussion of “Health disparities and health equity: the issue is justice”* Primary Comment by Saturday, September 24th; Two (2) Response Comments by Tuesday, September 27th |
| --- | --- | --- | --- |
| Week 5  | Sept 29, 2022 | Module 5: Stigma and Addressing Health Disparities | **READ:**  
1. “Stigma as a Fundamental Cause of Population Health Inequalities”  

**ATTEND:** Class Session September 29th at 2pm  
**COMPLETE:** IPE Reflection by Tuesday, October 4th |
| Week 6  | Oct 6, 2022 | Module 6: Implicit Bias in Healthcare | **COMPLETE:** IAT Test  

**READ:**  
1. “Examining the Presence, Consequences, and Reduction of Implicit Bias in Health Care: A Narrative Review”  
2. “From Mastery to Accountability: Cultural Humility as an Alternative to Cultural Competence”  

**ATTEND:** Class Session October 6th at 2pm  
**START/CONTINUE:** Anatomy of an Illness Paper, Part 1, due by Tuesday, October 25th |
| Week 7 | Module 7: Genetics, Epigenetics, and Intersections of Physical, Mental and Behavioral Health | **WATCH:** What is Epigenetics?  
**READ:** 1. Chapter 21: Social Work and Genetics  
2. Epigenetics and the Social Work Imperative  
**ATTEND:** Class Session October 13th at 2pm |
|---|---|---|
| Week 8 | Module 8: Applying Theories of Health Behavior Change: Implications for Social Work Assessment | **WATCH:** Pre-recorded lecture  
**READ:** 1. Chapter 7: Theories of Health Behavior  
**COMPLETE:** Reflection questions (ungraded; not for submission)  
**ATTEND:** 1-on-1 Zoom meetings October 20th at 12:30pm – 5:30pm  
**COMPLETE:** Anatomy of an Illness Paper, Part 1, due by Tuesday, October 26th |
| Week 9 | Module 9: Multi-level Evidence-Based Health Behavior Change Strategies and Pharmacology Competencies | **READ:** 1. Chapter 14: Developing a Shared Understanding: When Medical Patients Use Complementary and Alternative Approaches and Seek Integrative Systems  
**ATTEND:** Class Session October 29th at 2pm |
2. “Disability Through a Native American Lens: Examining Influences of Culture and Colonization”  
**ATTEND:** Zoom Class Session November 3rd at 2pm |
<table>
<thead>
<tr>
<th>Week 11</th>
<th>Module 11:</th>
<th><strong>READ:</strong> 1. “Chapter 15: Families, Health, and Illness”</th>
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</thead>
<tbody>
<tr>
<td><strong>ATTEND:</strong> Class Session November 10th at 2pm</td>
<td><strong>COMPLETE:</strong> Perusall-facilitated discussion of Overview of the Family Systems-Illness Model, Psychosocial Types of Illness, and Time Phases of Illness (p. 332-338, Chapter 15) Primary Comment by <strong>Saturday, November 12th</strong>; Two (2) Response by <strong>Tuesday, November 15th</strong></td>
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<tr>
<td>Nov 17, 2022</td>
<td><strong>ATTEND:</strong> Class Session November 17th at 2pm</td>
<td><strong>COMPLETE:</strong> Discussion board post on selected chapter from options for today. Primary Post by <strong>Saturday, November 19th</strong>; Two (2) Response Posts by <strong>Tuesday, November 22nd</strong></td>
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<tr>
<td>Week 13</td>
<td>No Class</td>
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<td>Nov 24, 2022</td>
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<tr>
<td>Dec 1, 2022</td>
<td><strong>ATTEND:</strong> Class Session December 1st at 2pm</td>
<td><strong>START/CONTINUE:</strong> Anatomy of an Illness Paper Part 2 by <strong>Wednesday, December 15th</strong></td>
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</tbody>
</table>
**c. Assignments**

All assignments are due at by 11:59pm unless otherwise noted. When viewing assignments on Canvas, it may be helpful to select “Show By Type.”

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Due date</th>
<th>Percent of overall grade</th>
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<tbody>
<tr>
<td>Discussions and Annotations</td>
<td></td>
<td>20%</td>
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<tr>
<td>Module 1: Introduce Yourself discussion post</td>
<td>Primary Post: <strong>Saturday, September 3rd</strong></td>
<td>5%</td>
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<td>Two Response Posts: <strong>Tuesday, September 6th</strong></td>
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<td><strong>PICK 2 (from choices a, b and c below)</strong></td>
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<tr>
<td>a. Module 4: Perusall-facilitated annotation and discussion of “Health disparities and health equity: the issue is justice”</td>
<td>Primary Comment: <strong>Saturday, September 24th</strong></td>
<td>15% (7.5% for each of the 2 to be completed by student; if student chooses to complete all 3, the lowest grade will be dropped)</td>
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<tr>
<td></td>
<td>Two Response Comments: <strong>Tuesday, September 27th</strong></td>
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<td>OR</td>
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<tr>
<td>b. Module 11: Perusall-facilitated annotation and discussion of Overview of the Family Systems-Illness Model, Psychosocial Types of Illness, and Time Phases of Illness (p. 332-338, Chapter 15)</td>
<td>Primary Comment: <strong>Saturday, November 12th</strong></td>
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<td>Two Response Comments: <strong>Tuesday, November 15th</strong></td>
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<td>OR</td>
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<tr>
<td>c. Module 12: Common Chronic Diseases and Conditions in Social Work Practice – Part II discussion post</td>
<td>Primary Post: <strong>Saturday, November 19th</strong></td>
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<td></td>
<td>Two Response Posts: <strong>Tuesday, November 22nd</strong></td>
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### Class Presentation

<table>
<thead>
<tr>
<th>Subject</th>
<th>Percentage</th>
<th>Notes</th>
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<tbody>
<tr>
<td>Health in the News</td>
<td>15%</td>
<td><strong>Variable Dates for presentation</strong>&lt;br&gt;• sign-up during Week 1&lt;br&gt;• materials due on Canvas by 8am on the day of the presentation&lt;br&gt;• no 36-hour grace period for submissions given presentation requirements</td>
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</table>

### Interdisciplinary Course & Personal Reflection

<table>
<thead>
<tr>
<th>Component</th>
<th>Percentage</th>
<th>Date</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>IPE Course Completion &amp; Reflection</td>
<td>15%</td>
<td><strong>Tuesday, October 4th</strong></td>
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</table>

### Anatomy of an Illness Paper

<table>
<thead>
<tr>
<th>Part</th>
<th>Percentage</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part 1</td>
<td>25%</td>
<td><strong>Tuesday, October 25th</strong></td>
</tr>
<tr>
<td>Part 2</td>
<td>25%</td>
<td><strong>Tuesday, December 13th</strong></td>
</tr>
</tbody>
</table>

**Brief Assignment Descriptions**

See Canvas for full assignment descriptions and associated rubrics.

**Discussions and Annotations:** Students will complete 3 discussion boards and/or Perusall-facilitated annotations/discussions over the course of the semester. Discussions and annotations are opportunities to apply what you are learning to social work practice and offer opportunities to get to know and to work collaboratively with one another. Discussion board posts and Perusall annotations are expected to each be a minimum of 75 words.

**Class Presentation:** Students will complete one graded presentation during class about media coverage of a health issue. Presentations will begin Week 2.

**Interdisciplinary Course & Personal Reflection:** Students will complete a personal reflection related to their engagement in an online interprofessional education (IPE) module. The personal reflection will be 1.5 pages (minimum) to 2.5 pages (maximum), double-spaced, with 12-point font and 1-inch margins.

**Anatomy of an Illness Paper:** Students will complete a 2-part assignment in order to gain an understanding of the nature and distribution of a particular physical, mental or behavioral health problem; the etiology of the health condition; its prognosis and treatment; noted social determinants and health disparities in these dimensions and the
experience of the illness. This assignment focuses on examining issues of the
behavioral, psychosocial and ecological aspects of the health problem, with focused
attention to the role of social work/your discipline in addressing micro and macro
features of the health problem. This assignment is designed to measure required CSWE
EPAS competencies 1, 2, 3, 4, and 5 and address PODS capacities.

d. Attendance and Class Participation
Students are asked to keep track of their own attendance on name tents provided by
the instructor, which are distributed and collected at the start and end of each in-person
class session. Students are encouraged to attend all classes and participate; however,
attendance is necessary but not sufficient for engaging fully in course material.
Participation is assessed by level of engagement in the course, including taking part in
group activities, providing feedback to colleagues, asking questions, and contributing to
class discussions.

If personal or professional circumstances require your absence from class or tardiness,
please contact the instructor. If you are absent from a class, you are responsible for
learning the material and submitting any assignments due that day. You are invited to
share with the instructor a brief (1/2 page) reflection on the day’s materials to ensure
you are up-to-date with course content. Please review the Policy on Class Attendance
found in the MSW Student Guide.

Unapproved and disruptive use of technology (e.g., phones and laptops) is not
acceptable (see “Electronic Devices” in section g below for more information).
During virtual (Zoom) sessions, particularly discussion portions, students are
encouraged to be present on camera. Having cameras on is a way to increase
engagement and can help faculty assess student understanding. All students are
welcome to enable a virtual background. The SSW also has study areas available within
the SSWB for students to participate in online courses/activities if they lack stable or
reliable internet access. More information regarding online learning essentials can be
found in this guide.

e. Grading
Grading policy of this class closely follows the Policies on Grades in Academic Courses
and in Field Instruction. Grading for this course follows the following criteria.

Letter grades from A through E are given for class performance. Grades of
A are given for exceptional individual performance and mastery of the material. The use
of A+, A, and A– distinguishes degrees of superior mastery. B grades are given to
students who demonstrate mastery of the material: B+ is used for students who perform
just above the mastery level but not in an exceptional manner; B– is used for students
just below the mastery level. C grades are given when mastery of the material is
minimal. A C– is the lowest grade which carries credit. D grades indicate deficiency and
carry no credit. E grades indicate failure and carry no credit.
Your grade will reflect both your effort and the quality of your engagement and assignments. Key grading criteria include: a) thoroughness and completeness of content; b) clarity and logic of presentation; c) evidence of critical thought and self-reflection; and d) writing and editing quality.

**Assignment Grade Dispute Process.** If you believe you have been graded unfairly on an assignment, please wait 24 hours before contacting Dr. Ellis. Disputes must be explained in writing (not verbally), must be specific, and must be based on substantive arguments (or mathematical errors). General references to “fairness” are not adequate explanations for disputes. I reserve the right to re-read, and re-grade, the work in its entirety in the case of a grade dispute. The grade may be adjusted upwards or downwards. See also: MSW Student Guide policies on [Grades in Academic Courses and in Field Instruction](#) as well as [Student Grievance procedures](#) and the [policy for grading in special circumstances](#).

**Late Assignments.** Meeting deadlines, planning ahead and timeliness in completing tasks are all important in demonstrating competencies and is part of our work as professionals. Assignments are due at or before the dates listed on the syllabus. Unless this is due to an unexpected event/emergency, a formal request for an extension needs to be made to the instructor at least 72 hours (3 days) in advance of the due date; a deduction of up to 10% may be assessed. Otherwise, and unless noted on the specific assignment (e.g., Health in the News), there is a 36-hour grace period for the submission of all late-assignments. Assignments submitted after this grace period will receive a 10% deduction. With the exception of the final paper (i.e. Part 2), all late assignments – i.e., assignments due over the course of the semester - must be submitted before midnight on the final day of class on Thursday, December 8th. The grace period does not apply to this deadline.

**f. Class Recording and Course Materials**

Audio and video recording of in-class lectures and discussions is prohibited without the advance written permission of the instructor. Students with an approved accommodation from the Office of Services for Students with Disabilities permitting the recording of class meetings must present documentation to the instructor in advance of any recording being done. The instructor reserves the right to disallow recording for a portion of any class time where privacy is a special concern. If the instructor chooses to record a class, they will decide which classes, if any, are recorded, what portion of each class is recorded, and whether a recording is made available on the course management website. On days when classes are recorded, students will be notified a recording is occurring. Class recordings and course materials may not be reproduced, sold, published or distributed to others, in whole or in part, without the written consent of
the instructor. Additional information on class recordings can be found on the Recording and Privacy Concerns FAQ.

**g. Electronic Devices**

In consideration of your classmates and your own learning, please be intentional about digital etiquette and respectful and ethical use of electronic devices for professional use. If you must be on call for personal or work reasons, let callers know this is only for emergencies that no one else can handle. Personal communications such as texting or surfing are fine during breaks and are not acceptable during class time. Interruptions, no matter how brief, affect your ability to focus and your level of productivity. Computer use during class time that supports the mission of the course is encouraged.

**h. Writing Skills and Expectations**

Strong writing and communication skills are essential to students’ academic success and professional career. I will consider writing quality in grading. Proofread written work carefully. I strongly recommend that you have a colleague read your documents for clarity, typos, omitted words, etc. Assignments should be submitted using APA style 7 formatting unless otherwise noted.

The Writing Skills/Study Skills Coordinator for the School of Social Work meets with students during the writing process. Students may schedule an appointment and bring a draft of their paper (at any stage) along with the text of the assignment and any questions or concerns they may have. The Writing Coordinator’s office is housed within the Career Services Office. For more information, please see the SSW Writing Assistance website.

The Career Services Office also offers workshops, resources, and individual assistance to help improve skills and confidence in written communication.

Here are a two additional campus resources (there may be others):

- **English Language Institute**
- The Sweetland Writing Center (SWC) is located at 1310 North Quad (corner of W. Washington and State St.). Graduate students are eligible for seven sessions per semester. Students can consult them for writing support. They can help you develop your argument, improve your paper organization, correct grammar mistakes, and craft effective prose. Register with them online and schedule an appointment.

Finally, Purdue University’s OWL website is an excellent resource for general writing and formatting advice.

**i. Communication with Dr. Ellis**
Email is the best way to reach the Dr. Ellis; anticipate 24 hours for a response Monday-Friday, 9:00am-5:00pm. Weekend emails may have a longer response time. Professional email etiquette (e.g., formal greetings, full sentences, professional tone) is expected. Please address the instructor as “Dr. Ellis” or “Professor Ellis” in written and oral communication. Include “SW 600 Thursday” in the subject line to help ensure that your email is seen in a timely manner.

j. Accommodations for Students with Disabilities

The University of Michigan recognizes disability as an integral part of diversity and is committed to creating an inclusive and equitable educational environment for students with disabilities. Students who are experiencing a disability-related barrier should contact Services for Students with Disabilities. For students who are connected with SSD, accommodation requests can be made in Accommodate. If you have any questions or concerns please contact your SSD Coordinator or visit SSD’s Current Student webpage. SSD considers aspects of the course design, course learning objects and the individual academic and course barriers experienced by the student. Further conversation with SSD, instructors, and the student may be warranted to ensure an accessible course experience.

k. COVID-19 Statement

For the safety of all students, faculty, and staff on campus, it is important for each of us to be mindful of safety measures that have been put in place for our protection. Your participation in this course is conditional upon your adherence to all safety measures mandated by the state of Michigan and the University, including properly wearing a face covering in class and compliance with the University COVID-19 Vaccination Policy. Other applicable and additional safety measures may be described in the Campus Maize & Blueprint. Your ability to participate in this course may be impacted by failure to comply with campus safety measures. Individuals seeking to request an accommodation related to the face covering requirement under the Americans with Disabilities Act should contact the Office for Institutional Equity and those seeking an exemption related to the vaccination requirement should submit an exemption request through WolverineAccess. I also encourage you to review the Statement of Student Rights and Responsibilities and the COVID-related Addendum to the Statement of Student Rights and Responsibilities.

l. Health-Related Absences

Please evaluate your own health status regularly and refrain from attending class and coming to campus if you are ill. You are encouraged to seek appropriate medical attention for treatment. School of Social Work students who miss class due to illness of any kind will be given opportunities to access course materials online or provided with alternative learning opportunities. Please notify me by email about your absence as
soon as practical, so that I can make accommodations. Please note that documentation (a doctor’s note) for medical excuses is not required.

Additional School and University policies, information and resources are available here: https://ssw.umich.edu/standard-policies-information-resources. They include:

- Safety and emergency preparedness
- Mental health and well-being
- Teaching evaluations
- Proper use of names and pronouns
- Accommodations for students with disabilities
- Religious/spiritual observances
- Military deployment
- Writing skills and expectations
- Academic integrity and plagiarism

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