Course title: Applied Assessment Skills in Integrated Health, Mental Health and Substance Abuse
Course #/term: SW601, Section 003, Winter 2022
Time and place: Tuesday, 9 AM – 12 PM, Room: 3629, SSWB
Credit hours: 3
Prerequisites: Foundation Essentials Required or permission of instructor
Instructor: Priscilla Cortez, LMSW
Pronouns: She, her, hers
Contact info: Email: cortezpc@umich.edu Phone: 313-451-0219 (text/call)
You may expect a response within 24 hours if during the weekday, on weekends, response is expected by Monday.
**If sending email, include “601” in subject line
Office: 3768 SSWB
Office hours: Tuesday, 12pm – 1pm by Appointment

Course Statement

Course Description
This course focuses on a holistic approach in promoting the development and deepening of assessment and screening skills and competencies. Conducting brief, evidence-based and evidence-informed assessments and screenings for common health, mental health, substance use and other behavioral health concerns which impact and/or compromise health and well-being will be the focus of this course. Holistic approaches which are developmentally appropriate across the life span and relevant in a variety of settings will be applied. Grounding of the assessment process in person-in-environment perspective (PIE), strengths-based approaches, the nature of the client/family and social support systems, cultural, spiritual and religious beliefs and other socio-economic resources that impact health and client well-being will be included. Examples of screenings and assessments addressed in this course include a focus on mental health problems; adjustment to illness; risky, harmful or dependent use of a variety of substances (e.g. alcohol, illicit drugs, prescription medications, etc.); cognitive impairment; harm to self or others; abuse, neglect, and domestic violence; and behaviors that compromise health among others.

Course objectives and competencies
Upon completion of this course, students will be able to demonstrate:
• Understanding and application of a holistic approach to health in conducting bio psychosocial spiritual assessments including person in environment (PIE), strengths based client assets, nature of the client/family and social support system, cultural, spiritual and religious beliefs and other socio-economic resources that impact on health and delivery of care (EPAS 2, 3, 7)
• Evaluate of the signs, symptoms and treatments clients may receive for the most common health conditions, health crises, and comorbidity seen in a variety of practice settings and resulting impact on client well-being (EPAS 7, 8)
• Utilize established classification criteria to identify the most common mental health and substance use conditions in a variety of practice settings (EPAS 7)
• Conduct brief, evidence-based, and developmentally sensitive screens for risky, harmful, or dependent use of substances (EPAS 4, 7)
• Analyze brief, evidence-based, and developmentally appropriate screens for cognitive impairment (EPAS 3, 7)
• Conduct brief screens for risk related to self-harm, harm to others, impairments in functional self-care, and environmental safety (EPAS, 3, 7)
• Classify signs of abuse, neglect, domestic violence and other trauma in individuals across the lifespan and conduct brief, evidence-based screenings (EPAS 1, 2, 3, 7)

Course design
This course encourages a “flipped classroom” format in which students complete pre-class work (readings, videos, etc.). The majority of class time used for ALL students will focus on engaging in active clinical practice of assessment and screening using client vignettes and/or student-generated detailed client scenarios/role plays which represent diverse populations, health concerns/diagnoses, co-morbidities and lived experiences. Active practicing of skills, engaging in role-playing, observation and critical analysis of assessment process and mutually constructive feedback is critical to the skill development focus of this class. Clinical scenarios will address a diverse variety of client populations, needs and practice settings. Video and/or audio taping and presenting of student screening and assessment practice for discussion and learning will be an integral part of skill building in this class.

Intensive focus on PODS
This course integrates PODS content and skills with a special emphasis on the identification of theories, practice and/or policies that promote social justice, illuminate injustices and are consistent with scientific and professional knowledge. Through the use of a variety of instructional methods, this course will support students developing a vision of social justice, learn to recognize and reduce mechanisms that support oppression and injustice, work toward social justice processes, apply intersectionality and intercultural frameworks and strengthen critical consciousness, self-knowledge and self-awareness to facilitate PODS learning.

Consideration will be given to the ways in which diversity factors such as age, race, ethnicity, disadvantage, gender, sexual orientation, sexual identity, class, immigration status, ability, family status, geographic location, ethnicity and culture interact with and impact health, mental
health and behavioral health impact assessment and screening. Culturally responsive engagement in the assessment process will be a focus.

Class Requirements

TEXT & CLASS MATERIALS
Relevant Textbook
ISBN#: 9780190071905

There are multiple ways to obtain the text:
- You can purchase hard copy at UM Online Bookstore (Barnes and Noble), or Amazon for $75 w/free shipping, or Kindle Version for $60
- Chegg also has it available to rent for the semester for $25: [link]
- Vital Source also has it for rent for a longer period of time for $36.50:
- [link]
- This book is also available digitally through the UM Library through the HathiTrust Emergency Temporary Access Service: [link]
- Be mindful if you are going to rely on the copy through UM Library it will be first come, first serve as other courses are using it.

Other Readings:
- Articles assigned to read will be available on Canvas site in weekly Modules and in file folders. A summary of them will be available at the end of the term.
- The expectation is to read the recommended articles* within each module BEFORE that Class day, in order to fully engage in the course topic and develop key competencies. (Changes, if any, to these required readings will be made no later than a week before class time and students will be notified).
- Additional readings may be posted on Canvas as a point of reference and for later use/exploration but not required to read before class.

Supportive Resources:
- National Association of Social Workers (NASW). NASW Code of Ethics. [link]
- DSM 5 Manual
- UM Library Catalog
- National Institute of Mental Health website. [link]
- Substance Abuse and Mental Health Services Administration website. [link]

CLASS SCHEDULE
Please note that this is a tentative course schedule - use **Canvas Modules to guide weekly prep for class**. All articles and videos will be available on Canvas site.

<table>
<thead>
<tr>
<th>Date/Time</th>
<th>Topic &amp; Objectives</th>
<th>Required Readings &amp; Assignments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td><strong>Setting the Stage for Assessment</strong></td>
<td><strong>READ</strong>: Textbook Ch 1 Assessment Process &amp; Methods pgs. 3-48 (Ch.1 uploaded on Canvas)</td>
</tr>
<tr>
<td></td>
<td>1. Articulate understanding and application of holistic approach to assessment and implications to intervention planning</td>
<td>Articles posted in Canvas</td>
</tr>
<tr>
<td></td>
<td>2. Articulate understanding of Common Factors Model</td>
<td><strong>WATCH</strong> – Videos posted in Canvas</td>
</tr>
<tr>
<td></td>
<td>3. Articulate ethical considerations relevant to the assessment process</td>
<td></td>
</tr>
<tr>
<td>Week 2</td>
<td><strong>The Assessment Process</strong></td>
<td><strong>READ</strong>: Textbook CH. 2 Quantitative Clinical Assessment Methods</td>
</tr>
<tr>
<td></td>
<td>Structural Assessment</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Bias and Strengths based assessments</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Engagement, Data collection; Perceptual skills; Conceptual skills;</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Integration of cultural, social, political factors; Integration across mental,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>physical, SU and comorbidities across various settings (EPAS 1,2, 3, 4,6,)</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>By Groups:</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Drisko (2013) The Common Factors Model: Its Place in Clinical Practice and</td>
<td></td>
</tr>
<tr>
<td></td>
<td>A biospsychosocial-spiritual model of chronic pain in adults with sickle cell</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>WATCH - Videos Posted in Canvas</strong></td>
<td></td>
</tr>
</tbody>
</table>
| Week 3 | **Essential Skills in SW Assessment**  
Understanding and application of a holistic approach to health in conducting BPSS assessments including person in environment (PIE), strengths based client assets, nature of the client/family and social support system, cultural, spiritual and religious beliefs and other socioeconomic resources that impact on health and delivery of care (EPAS 1,2,3,7) | **READ:**  
*Suggested*  
Miller C. (2019) Interviewing strategies, rapport, and empathy | **WATCH - Videos Posted in Canvas** |
|---|---|---|---|
| Week 4  
Sept 24 | **Skill Lab Session 1**  
Demonstrate competencies of BPSS assessment with consideration of core rapport and interviewing skills EPAS 1,2,6,7 | **No readings. Consolidations and Competency Demonstration Assignments** |
| Week 5 | **Social Work Assessments w/Adults - Part 1** | **READ:** Textbook CH.6 Adults  
| Week 6 | **Social Work Assessments w/Adults - Part 2** | **READ:** Textbook: Chapter 7 Family Systems; Chapter 9 Multicultural Assessment  
severity: comorbidity, course/prognosis, psychosocial dysfunction, and ‘borderline’ personality features. Current opinion in psychology, 21, 117-121


---

**Week 7**

Social Work Assessments w/Children - Part 1

**READ:** Textbook Chapter 5 Children and Adolescents


O’Reilly, L. & Dolan, P. (2016). The voice of the child in social work assessments: Age-appropriate communication with children. The Traumatic Impact of Racism and Discrimination on Young People and How to Talk About it

---

**Week 8**

Social Work Assessments w/Children - Part 2


George, M., Chandak, S., Wasnick, M., Khekade, S., Gahlod, N., & Shukla, H. (2019). Assessment of child’s mental health problems
<table>
<thead>
<tr>
<th>Week 9</th>
<th>Skills Lab Session 2</th>
<th>No readings. Consolidations and Competency Demonstration Assignments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 14</td>
<td>Skills Lab Session 3 (Final)</td>
<td>No readings. Consolidations and Competency Demonstration Assignments</td>
</tr>
</tbody>
</table>

**ASSIGNMENTS**

Students are expected to complete all assigned course content prior to the appropriate class and to use them as the basis for informed participation in class discussions. It is expected that students will submit work promptly. Failure to meet these expectations will result in a reduction in grades.

*Late assignments* are accepted in some situations, alternative arrangements for submitting assignments at times other than the due dates may be made with the instructor but must be done with advance notice and a qualifying reason. In cases where assignments have not been met, 3 points will be deduced for each day the assignment is late. Assignments more than 3 days late will NOT be accepted. There are three graded assignments in this course. In addition, there will be a grade for measurement of class engagement.
There will be many more opportunities to assess progress in student learning through ungraded activities and exercises which will be counted towards participation grade. **Submit all graded assignments on Canvas in the identified format and due date described in Canvas.**

**Student Competency Demonstration #1:** Bio-Psycho-Social-Spiritual Assessment Simulation 1. You will be expected to complete the following
- Complete Client Profile and Pre-BPSS report (Due 24 hrs before)
- Participate in live Simulation of BPSS and Role-Play Client
- Complete Post - BPSS report

**Student Competency Demonstration #2:** Clinical Interviewing Take-Home
- Watch content & Take Note of techniques, skills, and principles
- Complete Assignment #2 Worksheet and submit on Canvas

**Student Competency Demonstration #3:** Bio-Psycho-Social-Spiritual Assessment Simulation 2. Take Case developed from Assignment #1, and add a more complex narrative. You will complete the following:
- Complete Client Profile and Pre-BPSS report (Due 24 hrs before)
- Participate in live Simulation of BPSS and Role-Play Client
- Complete Post - BPSS report

**Class Participation & Engagement:** Participation will be graded by attendance to class, and or communication to instructor when absence is expected. In addition, mini exams, demonstration of skills in class and participation in group and individual reflections in class will be counted towards participation. Note: It is YOUR responsibility as the student to inform the instructor if you plan to be significantly late (15+ min), need to leave early, absent or need to make-up work. You can email ahead of time to coordinate as needed.

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Due date</th>
<th>Percent of overall grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Competency Demonstration #1: BPSS</td>
<td>Feb 1</td>
<td>15%</td>
</tr>
<tr>
<td>Assessment Simulation 1</td>
<td>Submit online via Canvas, by uploading recording, and submitting written documents where indicated.</td>
<td></td>
</tr>
<tr>
<td>Student Competency Demonstration #2: Clinical</td>
<td>March 15</td>
<td>25%</td>
</tr>
<tr>
<td>Interviewing Watch, Take Note, Reflect</td>
<td>Submit online via Canvas</td>
<td></td>
</tr>
<tr>
<td>Student Competency Demonstration #3: BPSS</td>
<td>April 12</td>
<td>40%</td>
</tr>
<tr>
<td>Simulation 2</td>
<td>Submit online via Canvas, by uploading recording, and submitting</td>
<td></td>
</tr>
</tbody>
</table>
Attendance and class participation

Attendance is necessary but not sufficient for engaging fully in course material. Participation is assessed by level of engagement in the course, including taking part in group activities, providing feedback to peers, asking questions, and contributing to class discussions. If personal or professional circumstances require your absence from class or tardiness, please contact the instructor. Note that, even if you are absent from a class, you are still responsible for learning the material and submitting any assignments due that day. Please review the Policy on Class Attendance found in the MSW Student Guide. Also see information regarding COVID-19 (section K) Health-Related Class Absences below (section L).

Student Time & Expectation

This is a 3-credit course and is offered in-person. This means that as a student, you are expected to spend a total of 112.5 hours throughout the 14 weeks (breaks down to 8 hrs. per week) including synchronous and asynchronous classroom time. We will be using Zoom for simulation recordings asynchronously, so familiarizing yourself with this technology will ensure your ability to submit Assignments. For effective time management and learning purposes we will focus the 3 hr lecture to engage in learning, and in-class practice. The last hour may occasionally be reserved for offline course related work, including group meetings, follow-up assignments, and related meetings with the instructor. If students are unable to attend or participate in the scheduled session, communication to the instructor is required as soon as possible. If more than two absences occur, the student will need to meet with the instructor and can result in a reduction of your grade.

Grading

Final grades are based on 100 percentage points. Letter grades are assigned to point totals according to the following schedule.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+</td>
<td>100</td>
</tr>
<tr>
<td>A</td>
<td>96-99</td>
</tr>
<tr>
<td>A-</td>
<td>90-95</td>
</tr>
<tr>
<td>B+</td>
<td>87-89</td>
</tr>
<tr>
<td>B</td>
<td>83-86</td>
</tr>
<tr>
<td>B-</td>
<td>80-82</td>
</tr>
<tr>
<td>C+</td>
<td>77-79</td>
</tr>
<tr>
<td>C</td>
<td>73-76</td>
</tr>
<tr>
<td>C-</td>
<td>70-72</td>
</tr>
<tr>
<td>D</td>
<td>66-69</td>
</tr>
<tr>
<td>E</td>
<td>Less</td>
</tr>
</tbody>
</table>
For further guidance on the School of Social Work’s Academic and Professional Policies please refer to the 2021-2022 MSW Student Guide, including policies on grading, and attendance, among others.

Accommodations for Students with disabilities

If you need accommodation for a disability, please let me know at your earliest convenience. Some aspects of this course, the assignments, the in-class activities online, and the way the course is usually taught may be modified to facilitate your participation and progress. As soon as you make the request, we can work with the Office of Services for Students with Disabilities to help determine appropriate accommodations. Any information you provide is private and confidential. For more information and resources, please contact Services for Students with Disabilities Office at G664 Haven Hall, 734-763-3000 or ssdoffice@umich.edu

Class Recording and Course Materials

Audio and video recording of in-class lectures and discussions is prohibited without the advance written permission of the instructor. Students with an approved accommodation from the Office of Services for Students with Disabilities permitting the recording of class meetings must present documentation to the instructor in advance of any recording being done. The instructor reserves the right to disallow recording for a portion of any class time where privacy is a special concern. If the instructor chooses to record a class, they will decide which classes, if any, are recorded, what portion of each class is recorded, and whether a recording is made available on the course management website. On days when classes are recorded, students will be notified a recording is occurring. Class recordings and course materials may not be reproduced, sold, published or distributed to others, in whole or in part, without the written consent of the instructor.

COVID-19 Statement

For the safety of all students, faculty, and staff on campus, it is important for each of us to be mindful of safety measures that have been put in place for our protection. Your participation in this course is conditional upon your adherence to all safety measures mandated by the state of Michigan and the University, including properly wearing a face covering in class and compliance with the University COVID-19 Vaccination Policy. Other applicable and additional safety measures may be described in the Campus Maize & Blueprint. Your ability to participate in this course may be impacted by failure to comply with campus safety measures. Individuals seeking to request an accommodation related to the face covering requirement under the Americans with Disabilities Act should contact the Office for Institutional Equity and those seeking an exemption related to the vaccination requirement should submit an exemption request through WolverineAccess. I also encourage you to review
the Statement of Student Rights and Responsibilities and the COVID-related Addendum to the Statement of Student Rights and Responsibilities.

Health-Related Class Absences
Please evaluate your own health status regularly and refrain from attending class and coming to campus if you are ill. You are encouraged to seek appropriate medical attention for treatment. School of Social Work students who miss class due to illness of any kind will be given opportunities to access course materials online or provided with alternative learning opportunities. Please notify me by email about your absence as soon as practical, so that I can make accommodations. Please note that documentation (a doctor’s note) for medical excuses is not required.

Additional School and University policies, information and resources are available here: https://ssw.umich.edu/standard-policies-information-resources. They include:

- Safety and emergency preparedness
- Mental health and well-being
- Teaching evaluations
- Proper use of names and pronouns
- Accommodations for students with disabilities
- Religious/spiritual observances
- Military deployment
- Writing skills and expectations
- Academic integrity and plagiarism