

COURSE:	SW790-011 (1 Credit)	TERM: Spring/Summer '16
TOPIC:	Advanced Topics in Interpersonal Practice: Strengthening Engagement and Retention Skills <i>With an emphasis on high need youth & families</i>	
DATES:	Friday, June 3, 2016 & Saturday, June 4, 2016; 9:00AM – 5:00PM	
ROOM:	B780	
INSTRUCTORS:	Sandra L. Momper, MSW, PhD Email: smomper@umich.edu Office: 2734 Cell: 412-496-5591	Abigail Eiler, LMSW, QMHP, CMHP Email: rowea@umich.edu Office: 3764 Cell: 734-845-1442

I. Course Description:

This mini-course aims to build students' knowledge and skills around working (engaging and sustaining the therapeutic alliance) with high need/at risk youth. This course will emphasize racial and ethnic minority youth with mental and behavioral health problems living in impoverished urban areas.

II. Course Objectives

- a. Learn about Evidence-Based Practices and Practice-Based Evidence techniques to engage youth and young adults in the therapeutic relationship and process.
- b. Learn about strength-based strategies for positive youth development.
- c. Learn about issues related to youth retention in Social Work services and how to combat them.
- d. Learn how to apply and practice knowledge gained in this course to better serve racial and ethnic minority youth and their families living in impoverished areas that have mental health and behavioral health problems.

III. CSWE Competencies

- a. Identify as a professional Social Worker.
- b. Apply ethical principles of Social Work practice.
- c. Apply critical thinking and professional judgments.
- d. Engagement of diversity and difference in practice.
- e. Advance human rights and economic justice.
- f. Engage in research-informed practice and practice-informed research.
- g. Apply knowledge of HBSE.
- h. Engage, assess, intervene, and evaluate with individuals, families, groups, organizations, and communities.

IV. Course Format/Instructional Methods

As part of the learning process, this class will include didactic instruction, Power Points, lectures, videos, exercises, role-plays, and guest speaker presentations. Students will practice skills by interacting and discussing with each other.

V. Class: June 3, 2016

- Complete Introductory Survey & Review Syllabus
- Introduction to Youth Engagement
- Foster Care and Attachment
- Video: Minority Youth in Foster Care
- Guest Speaker: David Clair
- Reflective Discussion: Lessons Learned
- Brief Structural Strategic Family Therapy
- Expressive Therapy
- Guest Speaker (Tentative)
- SW Retention

VI. Class: June 4, 2016

- Therapeutic Alliance & Activity
- Values Exercise
- Video-Suicide
- Guest Speaker(s)
- Social Learning Theory and Juvenile Justice
- Behavior Modification and MI
- Practice Skill
- Reflective Discussion: Lessons Learned
- Constructive Feedback for Future Courses

VII. Grading

30 Possible Points

Attendance & Participation (20 pts)

Students are expected to arrive to class on-time and stay until dismissed for the day.

Each class encourages dialogue regarding the readings, lectures, in-class activities and guest speakers. Participation in this course will occur in small and large group discussions. It is essential to abide by the NASW Code of Ethics and maintain the highest level of respect for another as colleagues/peers, as well as for the clients/communities that we will be discussing in class. Please avoid the use of electronics during the course. If you need to take a phone call or respond to a text message or email, then please step out of the class and return when you are done. It is expected that your computer only be used to take notes during lectures.

Levels of participation may vary based on comfort and interest in topics discussed. We will do our best to honor each student's participation level in the course. Please communicate any difficulty that you are experiencing related to course materials and discussions and we will do our best to help resolve the matter or identify appropriate support services if requested.

Reflection Paper (10 pts)

Due: June 11, 2016

The purpose of your reflection paper is to provide evidence that you understand the course material (i.e. Readings, Lectures, Guest Speakers, and Discussions) and that you are thinking about your role as a

clinical and/or macro social worker. This paper is expected to be 4 – 5 pages in length and in APA format. While this assignment is designed to reflect on your thinking process, it must cite external sources as they will help you develop an informed opinion. Spelling and grammar will be considered during the grading process. Your reflection papers should be submitted on CANVAS. Any late submissions will result in a 1 point deduction. See below for more details.

VIII. Assignments

Readings

Due: June 3, 2016

All readings for this course can be located on CANVAS under the Literature file. There are two folders in this file labelled Required Readings and Recommended Reading. **It is expected that you have reviewed the Required Readings prior to arriving at class on June 3, 2016.**

Reflection Paper

Due: June 11, 2016

This 4 -5 page (*double-spaced, 12 pt. Times Roman font*) reflection paper provides an opportunity to further explore what you identified as the most salient, influential takeaways over this two-day mini course:

1. What statements and/or practice skills stood out for you as a developing clinical or macro social worker during this course? (3 pts)
2. How will you implement what you learned from the course into your social work practice? (4 pts)
 - a. How will you engage with youth during interventions?
 - b. What will you do to retain youth in treatment?
3. What commitments will you make to continue learning about engaging and retaining youth who live in underserved and underprivileged urban areas? (2 pts)

Spelling and grammar will be considered during the grading process (1 pt). Please submit this paper via CANVAS.

HAVE A WONDERFUL SUMMER