



**Summer 2016 Mini Course
SW 790 Working with Latino Families**

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Two Day Format:

Thursday, May 19, 9AM-5PM
Friday, May 20, 9AM-5PM

Course Description:

Latinos constitute the largest ethnic minority group in the United States. The United States Latino population is immensely diverse, with members originating from over twenty countries. Latino sub-populations tend to reside in different areas of the United States, have different cultural practices/norms, immigration experiences, and varying levels of economic attainment. These sources of internal variation are important, as they have implications for many social outcomes and social work practice with Latino families. This mini course focuses on the theoretical, empirical and practice literature on Latino families in the United States. The mini course will allow for students to become familiar with demographic trends, health disparities, acculturation and acculturative stress, and the current debates surrounding the immigrant health paradox. Additionally, this mini course will cover key methodological approaches aimed at engaging Latino families in mental health and health care services, as well as barriers and facilitators to mental health and health care utilization. Furthermore, the course focuses on clinical aspects of working with Latino families, including but not limited to, culturally congruent assessment, and prevention and treatment models. Students in this course will acquire a general understanding of (1) the demographic, social and political background of Latino families in the United States, (2) key theoretical frameworks to consider (e.g., acculturative stress) when working with Latino families, (3) culturally congruent assessment, prevention and treatment approaches for health and well-being, and (3) acquire a general understanding of clinical aspects when working with Latino families in the United States.

Course Objectives:

Students will:

- Describe the prevalence and risk and protective factors associated with general behavioral and mental health conditions among Latino families.
- Identify theoretical frameworks to inform approaches to working with Latino families
- Identify culturally-specific screening and assessment tools when working with Latino families
- Describe prevention and treatment approaches when working with Latino families.

- Identify and describe the political landscape of Latinos in the United States.
- Demonstrate skills to conceptualize a treatment plan when working with Latino families

Requirement for Academic Credit:

- (1) Students are expected to attend and participate in class.
- (2) Students will also turn in a 1-2 pages self-reflection based on the film, “Harvest of Empire” or Harvard’s Project Implicit Test. Potential topics to discuss include, but not limited to, aspects of the film or the test that resonate with personal and/or professional experiences, applying the film or the test to a current case, critiques with regard to film or the test, and current policy as it applies to the film’s characters or the test.

Grading:

The course is graded on an S (Satisfactory) / U(Unsatisfactory) dichotomy.

Overview of Course

Day 1

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| 9:10-9:25 | Introductions |
| 9:25-10:30 | Project Implicit
Understanding Hidden Biases
Class Exercise: https://implicit.harvard.edu/implicit/takeatest.html |
| 10:30-10:45 | Break |
| 10:45-12:00 | Researcher-Clinician Paradigm
Locating the Self: Case Study |
| 12:00-1:00 | Lunch- Available for consultation |
| 1:00-3:00 | Latinos in the United States |
| 3:00-3:15 | Break |
| 3:15-5:00 | Film: Harvest of Empire (2012)*
*Trigger warning: You may learn some facts that might bother you and or make you feel embarrassed, sad, uncomfortable, and/or angry. |

Day 2

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| 9:10-10:00 | Discuss Film |
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- 10:00-10:30 Culturally Congruent Assessment
- 10:30-10:45 Break
- 10:45-12:00 Latino-specific Interventions <http://www.samhsa.gov/nrepp>
- 12:00-1:00 Lunch-Available for Consultation
- 1:00-2:30 Guest Speaker: Alejandro Gradilla, MA, *Samaritas*
- 2:30-2:45 Break
- 2:45-3:30 Case Study
- 3:30-4:00 Summary of Working with Latino Families
- 4:00-5:00 Individual Consultation

Resources

Annual Estimates of the Resident Population by Sex, Age, Race, and Hispanic Origin for the United States and States: April 1, 2010 to July 1, 2013

Source: U.S. Census Bureau, Population Division

Bernal, G., & Flores-Ortiz, Y. (1982). LATINO FAMILIES IN THERAPY: ENGAGEMENT AND EVALUATION*. *Journal of Marital and Family Therapy*, 8(3), 357–365.
<http://doi.org/10.1111/j.1752-0606.1982.tb01458.x>

Ceballos, R. (2004). From Barrios to Yale: The Role of Parenting Strategies in Latino Families. *Hispanic Journal of Behavioral Sciences*. <http://doi.org/10.1177/0739986304264572>

Chapman, M. V., & Stein, G. L. (2012). How do new immigrant Latino parents interpret problem behavior in adolescents? *Qualitative Social Work*, 13(2), 270–287.
<http://doi.org/10.1177/1473325012468478>

Denton, N. A., & Massey, D. S. (1989). Racial Identity Among Caribbean Hispanics: The Effect of Double Minority Status on Residential Segregation. *American Sociological Review*.
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Falicov, C. J. (2013). *Latino families in therapy*. Guilford Publications.

Falicov, C. J. (2007). Working with transnational immigrants: Expanding meanings of family, community, and culture. *Family Process*, 46(2), 157–171. <http://doi.org/10.1111/j.1545-5300.2007.00201.x>

- Falicov, C. J. (1982). Mexican families. *Ethnicity and family therapy, 1*, 134-161.
- Garcia-Preto, N. (2005). Latino Families: An Overview. In *Ethnicity and Family Therapy, Third Edition* (pp. 153–165). Retrieved from <http://stbb.nichd.nih.gov/pdf/Mattiello97.pdf>
- Gonzalez, D. (1992, November 15). What's the Problem with "Hispanic"? Just Ask a Latino. *The New York Times*. New York. Retrieved from <http://www.nytimes.com/1992/11/15/weekinreview/ideas-trends-what-s-the-problem-with-hispanic-just-ask-a-latino.html?pagewanted=print>
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- Miranda, A. O., Bilot, J. M., Peluso, P. R., Berman, K., & Van Meek, L. G. (2006). Latino Families: The Relevance of the Connection Among Acculturation, Family Dynamics, and Health for Family Counseling Research and Practice. *The Family Journal*. <http://doi.org/10.1177/1066480706287805>
- Miranda, A. O., Estrada, D., & Firpo-Jimenez, M. (2000). Differences in family cohesion, adaptability, and environment among Latino families in dissimilar stages of acculturation. *The Family Journal, 8*(4), 341-350.
- Zapata Roblyer, M. I., Grzywacz, J. G., Cervantes, R. C., & Merten, M. J. (2015). Stress and Alcohol, Cigarette, and Marijuana Use Among Latino Adolescents in Families with Undocumented Immigrants. *Journal of Child and Family Studies*. <http://doi.org/10.1007/s10826-015-0249-9>