Summer 2016 Mini Course
SW 790 Working with Transitional Age Youth with Behavioral Conditions

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Two Day Format:
Thursday, May 12, 9AM-5PM
Friday, May 13, 9AM-5PM

Course Description:

Transitional age youth, defined as the transition period from adolescence to young adulthood, represents a developmental period characterized by, among other things, increased risk taking and vulnerability for behavioral and mental health conditions. Yet the social work theoretical, empirical and practice literature remain underdeveloped, particularly for transitional age youth with behavioral health and mental health conditions. Social work practitioners and researchers alike play an essential role in ameliorating behavioral health conditions among transitional age youth. This course focuses on the state of the science when working with transitional age youth with behavioral health conditions. Students in this course will acquire a general understanding of (1) the prevalence and variations of behavioral health conditions among this overlooked and vulnerable population, (2) etiological factors associated with behavioral health conditions, (3) theoretical frameworks to inform practice with transitional age youth, and (4) best programs and practices when working with transitional age youth.

Course Objectives:

Students will:
- Describe the prevalence and risk and protective factors associated with a variety of behavioral health conditions among transitional age youth
- Identify theoretical frameworks to inform approaches to working with transitional age youth with behavioral health conditions
- Identify screening and assessment tools for various behavioral health conditions
- Describe prevention and treatment approaches for at least one behavioral health condition
- Identify and describe a policy that is aimed at addressing at least one behavioral health condition
- Demonstrate skills to conceptualize a treatment plan when working with transitional age youth with behavioral health conditions
Requirement for Academic Credit:

(1) Students are expected to attend and participate in class.

(2) Students will also turn in a two-page case conceptualization based on the film, “Kids.” For this assignment, students will:

a. Identify a character in the movie for which this assignment will be grounded in.

b. Develop a two-page case conceptualization based on the character you identify. Examples of what could be discussed in your paper, include (a) types and frequency of substance use and other problem behaviors, (b) developmental and cultural aspects related to your character’s behaviors, (c) biological, psychological, social/ ecological factors that shape your character’s behaviors, (d) potential interventions you might want to use, (e) others you may want to include in clinical sessions, (f) any other aspects you believe are important to your case study.

c. Assignment is due no later than, May 20th, one week from the conclusion of the class. This assignment should be APA format.

Grading:
The course is graded on an S (Satisfactory) / U(Undifferentiate) dichotomy.

Overview of Course

Day1

9:10-9:25 Introductions

9:25-10:30 Definition of Transitional Age Youth
Prevalence of Behavioral Health Conditions


10:30-10:45 Break

10:45-12:00 Etiological Factors That Shape Behavioral Health Conditions
Theoretical Frameworks
Screening and Assessment Tools

12:00-1:00 Lunch- Available for consultation

1:00-3:00 Screening and Assessment Tools

Class Exercise: Applying Screening and Assessment to Practice

3:00-3:15 Break
3:15-5:00 Film: Kids (1995)
* Note, this film is Rated NC-17 and may make you feel uncomfortable and/or discuss topics that may have affected you. Alternatively, you can watch the film on YouTube.

Day 2

9:10-10:00 Discuss Film

10:00-10:30 Treatment and Prevention Approaches
Class Exercise: http://www.samhsa.gov/nrepp

10:30-10:45 Break

10:45-12:00 Treatment and Prevention Approaches

12:00-1:00 Lunch-Available for Consultation

1:00-2:30 Case Study
http://webcampus.drexelmed.edu/nida/module_2/default_FrameSet.htm

2:30-2:45 Break

2:45-3:30 Policy

3:30-4:00 Summary of Transitional Age Youth with Behavioral Health Conditions

4:00-5:00 Individual Consultation

Resources


www.healthychildren.org


