Summer 2015 Mini Course
SW 790 Working with Transitional Age Youth with Behavioral Conditions

Instructor: David Cordova, PhD
Room: 2816 SSWB
Email: cordovad@umich.edu
Office Phone: 734.763.6201

Two Day Format:
   Friday, May 29, 9AM-5PM
   Saturday, May 30, 9AM-5PM

Course Description:

Transitional age youth, defined as the transition period from adolescence to young adulthood, represents a developmental periods characterized by, among other things, increased risk taking and vulnerability for behavioral and mental health conditions. Yet the social work theoretical, empirical and practice literature remain underdeveloped, particularly for transitional age youth with behavioral health and mental health conditions. Social work practitioners and researchers alike play an essential role in ameliorating behavioral health conditions among transitional age youth. This course focuses on the state of the science when working with transitional age youth with behavioral health conditions. Students in this course will acquire a general understanding of (1) the prevalence and variations of behavioral health conditions among this overlooked and vulnerable population, (2) etiological factors associated with behavioral health conditions, (3) theoretical frameworks to inform practice with transitional age youth, and (4) best programs and practices when working with transitional age youth.

Course Objectives:

Students will:
  ➢ Describe the prevalence and risk and protective factors associated with a variety of behavioral health conditions among transitional age youth
  ➢ Identify theoretical frameworks to inform approaches to working with transitional age youth with behavioral health conditions
  ➢ Identify screening and assessment tools for various behavioral health conditions
  ➢ Describe prevention and treatment approaches for at least one behavioral health condition
  ➢ Identify and describe a policy that is aimed at addressing at least one behavioral health condition
  ➢ Demonstrate skills to conceptualize a treatment plan when working with transitional age youth with behavioral health conditions
**Requirement for Academic Credit:**

(1) Students are expected to attend and participate in class.

(2) Students will also turn in a 1-2 pages self-reflection based on the film, “Kids.” Potential topics to discuss include, but not limited to, aspects of the film that resonate with personal and/or professional experiences, applying the film to a current case, critiques with regard to generalizability of the film, and current policy as it applies to the film’s characters.

**Grading:**
The course is graded on an S (Satisfactory) / U(Unsatisfactory) dichotomy.

**Overview of Course**

**Day 1**

9:10-9:25  Introductions

9:25-10:30  Definition of Transitional Age Youth  
Prevalence of Behavioral Health Conditions  

10:30-10:45  Break

10:45-12:00  Etiological Factors Influencing Behavioral Health Conditions  
Theoretical Frameworks  
Screening and Assessment Tools

12:00-1:00  Lunch- Available for consultation

1:00-3:00  Screening and Assessment Tools  
Class Exercise: Applying Screening and Assessment to Practice

3:00-3:15  Transition to Shapiro Library Room 2160 (Viewing 2nd Floor)

3:15-5:00  Film: Kids (1995)  
* Note, this film is Rated NC-17 and may make you feel uncomfortable or discuss topics that may have affected you. Alternatively, you can watch the film on YouTube.

**Day 2**

9:10-10:00  Discuss Film

10:00-10:30  Treatment and Prevention Approaches
10:30-10:45 Break
10:45-12:00 Treatment and Prevention Approaches
12:00-1:00 Lunch-Available for Consultation
1:00-2:30 Case Study
2:30-2:45 Break
2:45-3:30 Policy
3:30-4:00 Summary of Transitional Age Youth with Behavioral Health Conditions
4:00-5:00 Individual Consultation

Resources


www.healthychildren.org


