

Sunghyun H. Hong, MS, MSW, LMSW

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RESEARCH INTEREST

My program of research examines how behavioral and neural mechanisms, relational processes, and sociocultural contexts operate together to shape developmental trajectories of behavioral and mental health. Using quantitatively driven mixed-method approaches, I investigate how these interconnected systems contribute to heterogeneous patterns of risk and resilience. This work aims to generate theoretically grounded and empirically informed insights that strengthen prevention and intervention efforts for behavioral and mental health outcomes across the lifespan.

EDUCATION

- 2027
(Expected) **Doctor of Philosophy, Joint Program in Social Work and Developmental Psychology**
University of Michigan, Ann Arbor, MI
Dissertation Title: Brain Development in Context: The Shaping of Risk and Resilience Across Adolescence and Young Adulthood in Lived Social Worlds (Committee: Daphne C. Watkins (co-chair), Christopher S. Monk (co-chair), Andrew Grogan-Kaylor, and Vonnie C. McLoyd)
- 2023 **Master of Science, Developmental Psychology**
University of Michigan, Ann Arbor, MI
- 2019 **Master of Social Work, Interpersonal Practice in Mental Health**
University of Michigan, Ann Arbor, MI
- 2015 **Bachelor of Science with Honors, Biopsychology, Cognition, and Neuroscience**
Minor in Sociocultural Anthropology
University of Michigan, Ann Arbor, MI
Honors Thesis Title: Optogenetic Stimulation of Dopamine Afferents in Nucleus Accumbens and Central Amygdala Reveals Differential Roles in Food and Social Motivation (Advisor: Kent Berridge)

PROFESSIONAL CERTIFICATES & LICENSURES

Data Science Certificate, Michigan Institute for Data & AI in Society (2025)
Masters Social Work License – Clinical, Michigan #6801122509

FELLOWSHIPS, AWARDS & HONORS

- 2026 **Mary Malcomson Raphael Scholarship** *Awarded to women held in the highest esteem by their faculty
Center for the Education of Women+, University of Michigan (\$10,000)
- 2026 **Student Travel Award** *Awarded to highest-ranked submissions
Flux Congress (The Society for Developmental Cognitive Neuroscience) (\$900)
- 2026 **Data and AI Intensive Research with Rigor and Reproducibility Program Scholarship**
Michigan Institute for Data and AI in Society, University of Michigan (\$1,300)
- 2025 **The Henry J. Meyer Paper Award** *Awarded for an original theoretical contribution to social work literature
School of Social Work, University of Michigan (\$11,000)
- 2024 **Bobbe and Jon Bridge Award for Engaged Scholarship**
Rackham Graduate School, University of Michigan (\$6,500)
- 2022-2024 **T32 Predoctoral Fellowship in Developmental Psychology (Developmental Neuroscience)**
National Institute of Child Health and Human Development (2 years of tuition & stipend)
- 2022 **Ford Foundation Predoctoral Fellowship — Honorable Mention**

2021	National Academies of Sciences, Engineering, and Medicine W.K. Kellogg Family Fellowship in Children and Families School of Social Work, University of Michigan (\$12,000)
2019-2026	Rackham Merit Fellowship Rackham Graduate School, University of Michigan (4 years of tuition & stipend)
2018	Health Resources and Services Administration Integrated Behavioral Health Program Scholarship School of Social Work, University of Michigan (\$20,000)
2016	Researching Injustice and Social Equality Award Association for Psychological Science (\$300)

RESEARCH GRANTS

2026	Hough Summer Research Fellowship for Psychology & Ethics Department of Psychology, University of Michigan (\$1,000) Project Title: Family Processes, Mental Health Care Inequities, and Agency in Cannabis Use: A Qualitative Study Among Young Adults of Color in Detroit
2026	Albert C. Cain Research Award in Child Psychopathology Department of Psychology, University of Michigan (\$2,000) Project Title: Person-Specific Reward Network Organization in Adolescence and Substance Use and Use Disorder in Young Adulthood
2025	Vivian A. and James L. Curtis Endowed Scholarship for Doctoral Student Research School of Social Work, University of Michigan (\$11,000) Project Title: A Strengths-Based Approach to Understanding the Developmental Shaping of Cannabis Use Among Young Adults of Color: Contextual and Neural Factors
2024	Rackham Doctoral Candidate Research Grant Rackham Graduate School, University of Michigan (\$3,000) Project Title: Positive Family Processes and Adolescent Brain Development: A Multi-Informant Approach to Mother-Child Closeness and a Network Approach to White Matter Connectivity

PUBLICATIONS

indicates undergraduate or post-bac advisee

Peer-Reviewed Publications (26 total; 10 first-author):

1. **Hong, S.**, Grogan-Kaylor, A., Kim, M., Saba, S., Bender, A., Yu, C. L., Fedina, L., & Herrenkohl, T. (2026). When Empathy Helps and Hurts: Non-Linear Associations Between Early Childhood Maltreatment History, Empathy and Self-Harm Thoughts. *Child Maltreatment*, 0(0).
2. **Hong, S.**, F. Cross, F. A. Hardi, D. Benson, C. R. Quinn, and D. C. Watkins. (2026). Maternal Ethnic-Racial Enculturation: Implications for Social Skill Development in Early Childhood. *Infant and Child Development* 35(4), e70123.
3. Zhang, Y. L., Weigard, A. S., Hardi, F. A., **Hong, S. H.**, Huntley, E., Mitchell, C., Hyde, L. W., & Monk, C. S. (2026). Childhood Material Hardship Linked to Adolescent Neurocognition: A Computational Modeling Approach. *Developmental Science*, 29(4), e70213.
4. Eldeeb, N., Grogan-Kaylor, A., Zhao, L., **Hong, S.**, Chang, O., & Herrenkohl, T. (2026). Squaring the Circle: Is Triangulation of Child Abuse Reports Helpful? *Child Abuse & Neglect*, 107852.

5. **Hong, S.**, Ribaudo, J. M., Safyer, P., Routte, I. E., & Watkins, D. C. (2025). Advancing Psychodynamic-Based Clinical Social Work Practice to Address Structural Trauma: Integrating Neuroscience and Attachment Theory. *Social Work*, 70(2), 121–130.
6. **Hong, S. H.**, Hardi, F. A., Tillem, S., Goetschius, L. G., Brooks-Gunn, J., McLoyd, V., Lopez-Duran, N. L., Mitchell, C., Hyde, L. W., & Monk, C. S. (2024). Mother-child closeness and adolescent structural neural networks: a prospective longitudinal study of low-income families. *Social Cognitive and Affective Neuroscience*, 19(1), nsae083.
7. #Wu, C.*, **Hong, S.***, Cross, F., Sypher, I., McLoyd, V. C., Huntley, E., Hyde, L.W., Mitchell, C. & Monk, C.S. (2024). Increasing Diversity in Neuroimaging Research: Participant-Driven Recommendations from a Qualitative Study of an Under-represented Sample. *Developmental Cognitive Neuroscience*, 101474. [*equal contribution]
8. **Hong, S. H.**, Yu, C. L., Rousson, A. N., Bender, A. E., Fedina, L., & Herrenkohl, T. I. (2024). Examining the association between trauma characteristics and adult depression and anxiety: analysis of types, variety, repetition, and timing of past trauma. *Journal of Interpersonal Violence*, 39(3-4), 569-586.
9. **Hong, S.** (2024). Trauma-Informed Cultural Humility Mental Health Practice: Centering History among African American Women. *Social Work*, 69(1), 64-72.
10. Fedina, L., **Hong, S.**, Rousson, A., Graham, L., Lee, J. O., & Herrenkohl, T. I. (2024). Childhood maltreatment and intimate partner violence perpetration in adulthood: an investigation into proximal and distal risk factors across the Life Course. *Journal of Family Violence*, 39(2), 247-258.
11. Saba, S. K., Lee, J. O., Rousson, A. N., **Hong, S. H.**, & Herrenkohl, T. I. (2024). The Association Between Childhood Sexual Abuse and Somatic Symptoms at Midlife: The Roles of Depression and Intimate Partner Relationship Quality. *Journal of Family Violence*, 1-12.
12. **Hong, S.**, Hardi, F., & Maguire-Jack, K. (2023). The moderating role of neighborhood social cohesion on the relationship between early mother-child attachment security and adolescent social skills: Brief report. *Journal of Social and Personal Relationships*, 40(1), 277-287.
13. Saba, S. K., Godwin J., **Hong, S.**, Pan, T., Chang, Y., Brindle, E., & Herrenkohl, T. (2023). Associations between childhood maltreatment and physiological dysregulation in adulthood: methodological decisions and implications. *Child Abuse & Neglect*, 144, 106369.
14. **Hong, S.**, Satyshur, M. D., & Burnett-Zeigler, I. (2022). The association of mindfulness and depression stigma among African American women participants in a mindfulness-based intervention: A pilot study. *Transcultural Psychiatry*, 13634615221076709.
15. Maguire-Jack, K., Yoon, S., Chang, Y., & **Hong, S.** (2022). The relative influence of family and neighborhood factors on child maltreatment at critical stages of child development. *Children*, 9(2), 163.
16. Demidenko M.I., Kelly D. P., Hardi F.A., Ip K. I., Lee S., Becker H., **Hong S.**, Thijssen S., Luciana M, Keating D. P. (2022). Mediating effect of pubertal stages on the family environment and neurodevelopment: An open-data replication and multiverse analysis of an ABCD Study®. *Neuroimage: Reports*, 2(4), 100133.
17. Maguire-Jack, K., Yoon, S., & **Hong, S.** (2021). Social cohesion and informal social control as mediators between neighborhood poverty and child maltreatment. *Child Maltreatment*, 10775595211007566.

18. Herrenkohl, T. I., Fedina, L., **Hong, S. H.**, Lee, J. O., & Saba, S. (2021). Associations between prospective and retrospective measures of child abuse and self-reported adult health at midlife. *Child Abuse & Neglect*, 120, 105203.
19. Herrenkohl, T. I., Roberto, K. A., Fedina, L., **Hong, S.**, & Love, J. (2021). A prospective study on child abuse and elder mistreatment: assessing direct effects and associations with depression and substance use problems during adolescence and middle adulthood. *Innovation in Aging*, 5(3), igab028.
20. Herrenkohl, T. I., **Hong, S.**, & Verbrugge, B. (2019). Trauma-informed programs based in schools: Linking concepts to practices and assessing the evidence. *American Journal of Community Psychology*, 64(3-4), 373-388.
21. Burnett-Zeigler, I., **Hong, S.**, Waldron, E. M., Maletich, C., Yang, A., & Moskowitz, J. (2019). A mindfulness-based intervention for low-income African American women with depressive symptoms delivered by an experienced instructor versus a novice instructor. *The Journal of Alternative and Complementary Medicine*, 25(7), 699-708.
22. Burnett-Zeigler, I., Satyshur, M. D., **Hong, S.**, Wisner, K. L., & Moskowitz, J. (2019). Acceptability of a mindfulness intervention for depressive symptoms among African-American women in a community health center: A qualitative study. *Complementary Therapies in Medicine*, 45, 19-24.
23. Waldron, E. M., **Hong, S.**, Moskowitz, J. T., & Burnett-Zeigler, I. (2018). A systematic review of the demographic characteristics of participants in US-based randomized controlled trials of mindfulness-based interventions. *Mindfulness*, 9(6), 1671-1692.
24. Burnett-Zeigler, I. E., Waldron, E. M., **Hong, S.**, Yang, A., Wisner, K. L., & Ciolino, J. D. (2018). Accessibility and feasibility of using technology to support mindfulness practice, reduce stress and promote long-term mental health. *Complementary Therapies in Clinical Practice*, 33, 93-99.
25. **Hong, S.**, & Burnett-Zeigler, I. (2017). The frequency of PTSD and subthreshold PTSD among African-American women with depressive symptoms in a disadvantaged urban neighborhood: Pilot study. *Journal of Racial and Ethnic Health Disparities*, 4(6), 1069-1073.
26. Burnett-Zeigler, I. E., Satyshur, M. D., **Hong, S.**, Yang, A., Moskowitz, J. T., & Wisner, K. L. (2016). Mindfulness-based stress reduction adapted for depressed disadvantaged women in an urban Federally Qualified Health Center. *Complementary Therapies in Clinical Practice*, 25, 59-67.

Manuscripts In Press or Under Review:

1. Route, I., **Hong, S.**, & Ribeiro Brown, B. (*in press*). Critical Subjectivity in Qualitative Social Work Research in the Age of Artificial Intelligence. *Social Service Review*.
2. Watkins, D.C., Ribeiro Brown, B., **Hong, S.**, & Harris, K. (*in press*). Self-Reliance, Social Support, and Stigma Among Black College Men: A Variable-Centered and Person-Centered Analysis. *International Journal of Men's Social and Community Health*.
3. Yoo, N., **Hong, S.**, Ahn, E., Kane, J., Grogan-Kaylor, A. (*R&R*). Individual Turn? Examining Ecological Perspectives in Machine Learning Applications in Social Work Research.

In Progress:

1. **Hong, S.**, Zhang, L., Beltz, A., Marusak, H., Paige, K., Huntley, E., Mitchell, C., Hyde, L., Monk, C. (*in prep*). Person-Specific Adolescent Reward-Network Connectivity as a Prospective Correlate of Substance and Alcohol Use and Use Disorders in Young Adulthood.

2. **Hong, S.** & Watkins, D. C. (*in prep*). A Qualitative Study of Cannabis Use Among Young Adults of Color in Detroit: Social Processes, Mental Health Inequity, and the Development of Agency.
3. **Hong, S.***, Tung, R.*, Zhang, L., Tillem, S., Huntley, E., Mitchell, C., Hyde, L., Monk, C. (*in prep*). Neighborhood Chronic Air Pollution and Adolescent Internalizing Symptoms: The Role of Structural-Functional Coupling Across the Triple-Network System [*equal contribution]
4. McKinney, **Hong, S.**, Weaver, A. (*in prep*). Exploring Potential Barriers to Accessing Psychedelic Services Across Geographic Contexts: Similarities and Differences among Rural, Suburban, and Urban Communities

Published Book Chapters:

1. Haider, A., Waldron E., **Hong, S.**, Morales, A., & Burnett-Zeigler, I. (2025). Ethnoracial diversity in mindfulness-based intervention research and implementation. In K. W. Brown, D. Creswell, & R. Ryan (Eds), *Handbook of Mindfulness: Theory, Research, and Practice*. Guilford Press.
2. Blumenthal, A., **Hong, S.**, Herrenkohl, T. I., & Maguire-Jack, K. (2025) An Intersectional Perspective on Child Maltreatment: Critical Examination of Race and Gender. In R. Bergen & C. M. Renzetti (Eds), *Gendered Violence in the Family: New Directions*. Cognella Publishing.

CONFERENCE ACTIVITY

Oral Presentation (Presenter Only):

1. **Hong, S.**, White, L. & Routte, I. (2025). Living in Silos: Social Work Research as a Bridge between Science and Social Change. Roundtable at the Society for Social Work and Research, Seattle, WA.
2. **Hong, S.**, Irish, K. & Koval, M. (2024). Transdisciplinary Research for Addressing Complex Social Issues: Moving Towards Interdisciplinary Collaboration between Social Work and Neuroscience to Tackle Grand Challenges. Roundtable at the Society for Social Work and Research, Washington, D.C.
3. **Hong, S.**, Hardi, F., Tillem, S., Goetschius, L.G., McLoyd, V. C., Brooks-Gunn, J., Lopez-Duran, N.L., Mitchell, C., Hyde, L.W. & Monk, C.S. (2023). Associations of Mother-Child Closeness, Adolescent Symptomatology and Structural Brain Networks. Oral and poster presentation for the Flux Congress, Santa Rosa, CA.
4. **Hong, S.**, Safyer, P. & Ribaud, J. (2023). Rethinking "Evidence": Bridging Neuroscience and Psychodynamic Theory to Address Interpersonal and Structural Trauma. Roundtable at the Society for Social Work and Research, Phoenix, AZ.
5. **Hong, S.**, Routte, I, Harris, E. & Staller, K. (2023). Advancing Ecological Systems Theory in Social Work Theory and Practice: Integrating History and Place into an Ecological Framework. Roundtable at the Society for Social Work and Research, Phoenix, AZ.
6. **Hong, S.**, Hardi, F. & Maguire-Jack, K. (2022) Linking mother's ethnic-racial identity and educational attainment to adolescent's social skills: The mediating role of early child attachment security. Oral presentation at the ResilienceCon, Virtual due to COVID-19.
7. **Hong, S.**, Goetschius, L.G., Gard, A. M., Hein, T. C., Maguire-Jack, K., McLoyd, V. C., Brooks-Gunn, J., McLanahan, S.S., Mitchell, C., Lopez-Duran, N.L., Hyde, L.W. & Monk, C.S. (2021). An examination of childhood neighborhood violence exposure and mother-child closeness on adolescent wellbeing and

frontostriatal white matter connectivity. Oral and poster presentation at the Society for Research in Child Development, Virtual Meeting due to COVID-19.

8. **Hong, S.**, Verbrugge, B., & Herrenkohl, T. (2020). Trauma-Informed Programs Based in Schools: Linking Concepts to Practices and Assessing the Evidence. Oral presentation at the Society for Social Work and Research, Washington, DC.
9. **Hong, S.** & Burnett-Zeigler, I. (2016). Understanding the Association between Social Contexts and the Prevalence of PTSD among Disadvantaged Women with Depression. Oral and poster presentation at the Association for Psychological Science Convention, Chicago, IL.

Poster Presentation (First-Author Only):

1. **Hong, S.**, Tung, R., Zhang, L., Tillem, S., Huntley, E., Mitchell, C., Hyde, L., Monk, C. (2026). PM2.5, Triple-Network Structural-Functional Coupling and Internalizing Symptoms in Adolescence. Poster presentation for the Flux Congress, La Jolla, CA.
2. **Hong, S.**, Zhang, L., Tung, R., Tillem, S., Hardi, F., Michaud, S., Huntley, E., Mitchell, C., Hyde, L., Monk, C. (2026). Characterizing Network Patterns of Structural-Functional Coupling in the Adolescent Brain. Poster presentation at the Organization for Human Brain Mapping, Bordeaux, France.
3. **Hong, S.**, Michael, C., Watkins, D.C., Rivas-Drake, D., McLoyd, V. C., Zhang, Y., Tillem, S., Mitchell, C., Hyde, L.W. & Monk, C.S. (2025). Delineating Neural Pathways to Positive Youth Development: Ethnic-Racial Identity, Self-regulation Capacity, and Functional Brain Architecture. Poster presentation at The Society for Research in Child Development, Minneapolis, MN.
4. **Hong, S.**, Michael, C., Hardi, F., Tillem, S., Brooks-Gunn, J., McLoyd, V. C., Mitchell, C., Hyde, L.W. & Monk, C.S. (2024). Interpersonal Support, Functional Brain Architecture, and Internalizing Symptoms during Adolescence. Poster presentation at the Organization for Human Brain Mapping, Seoul, South Korea.
5. **Hong, S.**, Yu, C. L., Rousson, A. N., Bender, A., Fedina, L., & Herrenkohl, T. I. (2022). Exploring the impact of adversity across the life span on internalizing symptoms in adulthood: Analysis of types, repetition, variety, and timing of past adversity. Poster presentation at the Society for Social Work and Research, Washington, DC.
6. **Hong, S.**, Yu, C-L., Fedina, L., Saba, S. Bender, A. & Herrenkohl, T. (2021). Elucidating the role of emotional empathy on suicide behaviors among individuals with and without child maltreatment history. Poster presentation at the Anxiety and Depression Association of America, Virtual due to COVID-19.
7. **Hong, S.**, Waldron, E. & Burnett-Zeigler, I. (2017). Examining Trauma Experiences and Responses to Trauma as a Risk Factor for Depression Severity among African American Women from Underserved Communities. Poster presentation at the Anxiety and Depression Association of America, San Francisco, CA.
8. **Hong, S.**, Satyshur, M. & Burnett-Zeigler, I. (2016). Depression Stigma among Depressive African American Women Participants in MBSR Intervention. Poster presentation at the American Psychological Association, Denver, CO.

RESEARCH EXPERIENCE

- 2019-present *Research Assistant*, Translational & Developmental Neuroscience Laboratory, Department of Psychology, University of Michigan (PI: Christopher S. Monk, Ph.D.)
 Project: Study of Adolescent to Adult Neural Development (R01MH121079, R01MH130158)
 • Conduct lab visits, including administering clinical assessment (e.g., SCID) and MRI scanning
 • Support preprocessing and quality checking of diffusion MRI (dMRI) data using QSIPrep.
- 2024-present *In-House Statistician*, The Gender and Health Research Lab, School of Social Work, University of Michigan (PI: Daphne C. Watkins, Ph.D.)
 Project: Young Black Men, Masculinities, and Mental Health (YBMen) Project
 • Lead quantitative and qualitative analyses of research projects focused on behavior and mental health among young adults of color
- 2018-2025 *Data Manager*, School of Social Work, University of Michigan (PI: Todd I. Herrenkohl Ph.D.)
 Project: Lehigh Longitudinal Study (R01AG059823, R21HD094961, R21HD094961)
 • Managed multi-wave datasets from a 40-year longitudinal child maltreatment study, including data cleaning, organization, documentation, and distribution.
 Project: Trauma-Informed Programs & Practices for Schools (Michigan Health Endowment Fund)
 • Assisted in developing content to support the implementation of evidence-based, trauma-informed programs in school systems.
- 2015-2018 *Clinical Research Coordinator*, M-Body Lab, Northwestern University (PI: Inger Burnett-Zeigler, Ph.D.)
 Project: A Mindfulness-Based Depression Intervention for Disadvantaged Underserved Women in a FQHC (NU K12 Faculty Training Program, Greer Family Foundation)
 • Oversaw recruitment, clinical assessment (MINI), enrollment, and follow-up of more than 200 African American women participating in culturally adapted mindfulness-based interventions.
 • Supported the development of written and illustrated content for a culturally adapted mindfulness-based stress reduction therapeutic manual.
 • Managed research administration, including IRB protocols, participant tracking, data collection, and grant proposal preparation (R01MD012236).
- 2011-2015 *Undergraduate Honors Thesis Student/Research Assistant*, Affective Neuroscience & Biopsychology Lab, University of Michigan (PI: Kent Berridge, Ph.D.)
 Project: Cue-triggered Reward Seeking (R01DA015188)
 • Conducted optogenetic surgeries and behavioral training using rat models.

TEACHING EXPERIENCE

- Feb 2026 *Guest Lecturer*, Lecture Topic: Macro-Level Issues in Child Protection and Well-Being Policy: Biological and Contextual Insights, Social Work 623: *Child and Family Policy and Macro Practice* (in-person). School of Social Work, University of Michigan
- Fall 2025 *Instructor of Record*, Social Work 630: Contexts of Life-course Development: Childhood, Adolescence, and Early Adulthood (in-person). School of Social Work, University of Michigan
- Feb 2025 *Guest Lecturer*, Lecture Topic: Implicit Bias in Health and Healthcare: Trauma-Informed Cultural Humility Framework, Social Work 600: Behavioral, Psychosocial and Ecological Aspects of Health, Mental Health and Disease (in-person). School of Social Work, University of Michigan

- Jan 2025 *Guest Lecturer*, Lecture Topic: Brain Development from Infancy to Adolescence: Introduction to Developmental Neuroscience for Social Work Practice, Social Work 630: Contexts of Life-course Development (online). School of Social Work, University of Michigan
- Fall 2024 *Instructor of Record*, Social Work 630: Contexts of Life-course Development: Childhood, Adolescence, and Early Adulthood (in-person). School of Social Work, University of Michigan
- Feb 2024 *Guest Lecturer*, Lecture Topic: A Gentle Introduction to Leveraging Biological Science for Child Maltreatment Prevention Advocacy, Social Work 723: Prevention of Child Maltreatment (in-person). School of Social Work, University of Michigan.

CLINICAL EXPERIENCE

spanning MSW training and licensed clinical practice

- 2020-present *Child and Family Therapist*, Family Assessment Clinic, (Ann Arbor & Detroit, MI)
- Provide psychological assessments, treatment planning, and psychotherapy using cognitive-behavioral, mind-body, and attachment-based approaches with children, adolescents, and families from low-income, justice-involved, and culturally diverse backgrounds.
- 2020-2023 *Lead Success Coach/Curriculum Development Consultant*, University of Michigan Life Sciences Institute Aspiernaut Program (6-week summer program for high school STEM students) (Ann Arbor, MI)
- Led success-coaching sessions to support the personal and academic development and psychological wellbeing of high school students from underserved communities across Michigan.
 - Developed a STEM-focused success-coaching curriculum addressing academic success, the biological underpinnings of mental health, research as a form of social justice advocacy, and strategies for promoting psychological well-being.
- 2019 *Clinical Social Work Intern (Therapist)*, Arab American and Chaldean Council (Detroit, MI)
- Provided biopsychosocial assessments, individual and family psychotherapy, treatment planning, and crisis planning using cognitive-behavioral, mind-body, and attachment-based approaches with children, adolescents, adults, older adults, individuals with disabilities, and clients from low-income and culturally diverse backgrounds.

PROFESSIONAL DEVELOPMENT

Research Training: Grant Writing

- Grant Writing for NIH Training Awards (School of Social Work, University of Michigan, 2025)

Research Training: Neuroimaging

- Summer School in Neuroimaging and Data Science (Neurohackademy, University of Washington, 2025)
- Training Course in fMRI (Functional MRI Laboratory, University of Michigan, 2021-2022)

Research Training: Data Science

- Regression Trees/Random Forest (Biomedical Data Science Summer Academy, University of Michigan, 2026)
- Network Analysis (Inter-university Consortium for Political and Social Research, 2024)
- Machine Learning (Environmental Data Science Summer Academy, University of Michigan, 2023)
- Mixed-Method Research (School of Social Work, University of Michigan, 2021)
- Bayesian Modeling (Inter-university Consortium for Political and Social Research, 2021)
- Psychometric Theory (Department of Psychology, University of Michigan, 2021)
- Structural Equation Modeling (School of Social Work, University of Michigan, 2020)
- Meta-Analysis (School of Social Work, University of Michigan, 2019)

Teaching Training

- Social Work Pedagogy (School of Social Work, University of Michigan, 2022)
- Frameworks for Learner-centered and Equity-focused Syllabus Design (Center for Research on Learning and Teaching, University of Michigan, 2021)
- Trauma-Informed Pedagogy and Healing-Centered Engagement (Center for Research on Learning and Teaching, University of Michigan, 2021)

Clinical Training

- Attachment Theory and Clinical Practice (School of Social Work, University of Michigan, 2020)
- CBT for Suicide Prevention (School of Social Work, University of Michigan, 2020)
- CBT for Depressive Disorders (School of Social Work, University of Michigan, 2019, 2020)
- Applied Suicide Intervention Skills Training (ASIST) (Suicide Prevention Resource Center, 2019)
- TF-CBT Web 2.0 Training (Medical University of South Carolina, 2019)
- Theory and Practice of Infant Mental Health (School of Social Work, University of Michigan, 2019)
- Trauma First Responders Course (Feinberg School of Medicine, Northwestern University, 2017)
- Practical Applications of Mindfulness: Learning the Key Principles of Mindfulness-Based Stress Reduction for Health Care Professionals (Asher Center, Northwestern University, 2016-2017)

SERVICE

Academic Mentoring

- Undergraduate Honors Thesis/ Post-bac Research Internship Mentor, University of Michigan
 - Abigail Pretty, Undergraduate Honors Thesis in Psychology (2026-2027)
 - Alexander Tomas, Summer Research Opportunity Program (2026)
 - Claudia-Laverne Bosworth, Undergraduate Research Opportunity Program (2025-2026)
 - Xitlally Llamas Estanquero, Undergraduate Research Opportunity Program (2025-2026)
 - Tara Wittman, Undergraduate Summer Intensive Research Experience in Neuroscience (2025)
 - Lucy Potts, Undergraduate Honors Thesis in Psychology (2023-2024)
 - Kefan Cathy Wu, Undergraduate Honors Thesis in Psychology (2022-2023)
- High School Graduation Project Mentor, Henry Ford Academy, Dearborn, Michigan
 - Amy Pichardo, Graduation Project Mentee (2022-2023)

University of Michigan

- Member, Doctoral Committee, School of Social Work (2025-2027)
- Departmental Associates (with rights of voting at faculty meetings), Department of Psychology (2024-2025)
- Member, Faculty Search Representative, School of Social Work (2024-2025)
- Member, Distinguished Faculty Award Selection, School of Social Work (2024)
- Member, Faculty Allies for Diversity Committee, School of Social Work (2021-2022)
- Member, Curriculum Committee, Department of Psychology (Developmental) (2020-2021)
- Member, Curriculum Committee, School of Social Work (2019-2021)

Professional and Community

- Lead Facilitator, Neuroscience and Social Work, SIG in Society for Social Work and Research (2024-current)
- Facilitator, SAND Research Group Diversity, Equity, and Inclusion Workshop, virtual due to COVID-19 (2021)
- Invited Speaker, Workshop for Quinn Evans Architects (Trauma-informed Care: Social Justice, Mental Health, and the Built Environment), Virtual due to COVID-19 (2021)
- Presenter, 2021 Michigan Pre-College and Youth Outreach Conference (Linking Science Communications, Mental Health and Social Justice), Virtual due to COVID-19 (2021)
- Invited Expert Panelist, Stamps Scholar Symposium, virtual due to COVID-19 (2021)
- Mentor, Englewood Family Outreach Chicago, IL (2015-2018)
- Mental Health Support Coach, Pacific Garden Missions, Mothers and Children Unit, Chicago, IL (2016)
- Volunteer, University of Michigan Children's Hospital, Ann Arbor, MI (2011)

Ad Hoc Reviews

- Journal of Racial and Ethnic Health Disparities; Child Abuse & Neglect; Journal of Family Violence

SELECTED MEDIA COVERAGE

- New study links mothers' stronger ethnic-racial identity to higher social skills in young children (July 22, 2026)
<https://news.umich.edu/new-study-links-mothers-stronger-ethnic-racial-identity-to-higher-social-skills-in-young-children/>
- Approaching Our Lives Through a Strengths-Based Framework Featuring Sunghyun Hong, Ph.D. Candidate, Social Work and Developmental Psychology, Rackham Graduate School Gradwell Podcast (October 15, 2025)
<https://rackham.umich.edu/student-experience/gradwell-podcast/>
- Positive neighbor involvement is important if teens don't develop a mother-child bond (August 31, 2022)
<https://news.umich.edu/positive-neighbor-involvement-important-if-teens-dont-develop-mother-child-bond/>
- Neighbors looking out for one another can lessen child abuse and neglect (May 10, 2021)
<https://news.umich.edu/neighbors-looking-out-for-one-another-can-lessen-child-abuse-and-neglect/>
- PTSD in black women needs attention, study of South Side group says (March 23, 2017)
<https://www.chicagotribune.com/news/breaking/ct-ptsd-black-women-met-20170322-story.html>
- Shooting, gang violence exposure leads to PTSD (December 08, 2016)
<https://news.northwestern.edu/stories/2016/12/trauma-exposure-ptsd-depression/>

PROFESSIONAL MEMBERSHIP

Society for Social Work and Research (SSWR), Flux Society for Developmental Cognitive Neuroscience, Society for Research in Child Development (SRCD), Organization for Human Brain Mapping (OHBM)