

Building Healthy, Strong Communities

Tuesday, October 14, 2014 • Agenda

8:00 AM - 9:00 AM **Registration & Continental Breakfast**

8:45 AM - 8:55 AM **Welcome Remarks**

Randy Ross, VP, Alumni Board of Governors
Laura Lein, Dean, School of Social Work

9:00 AM - 10:15 AM **Session 1 (Select one)**

The Role of Social Justice Art in Community Social Work

Presenter: Bill Vanderwill, Emily Whitley, and Kimson Bryant CEUs: 1.25 Macro

Social justice art is becoming an increasingly popular means to build community and promote social change. Social workers can use art to create a voice for underserved individuals dealing with oppression in their lives. The presentation will discuss a variety of social justice art forms including drawing, painting, sculpture, murals, graffiti, film, theater, music, dance and spoken word.

Innovative Approaches to Assisting Our Veteran/Military Population - Filling the Gaps

Presenter: Kathy Barton CEUs: 1.25 Macro

This workshop is designed to raise awareness of special challenges facing our military troops, veterans and their families, and to educate mental health providers so that they can better meet these challenges. Many military members and veterans are not utilizing "official" services for mental health needs. This workshop will enable participants to identify the social impact of this trend (i.e. homelessness, divorce, and crime), and the current gaps in assistance available.

There are increasing numbers of community initiatives to help address these gaps. Participants will learn what programs are available, what special training is recommended and available, and where they can participate to help serve the needs of this population.

Building Healthy Communities through Youth Engagement: Lessons from Youth Participation in Public Policy

Presenter: Katie Richards-Schuster and Rebecca Timmermans CEUs: 1.25 Macro

This course will examine the role of young people in building healthy communities. It will focus on specific efforts to engage young people in public policy initiatives in which young people's action impact or influence practices and policies in their schools and communities, with particular attention to efforts in diverse and segregated metropolitan areas. The course will explore core concepts, highlight current initiatives, discuss the roles of youth and their adult allies, and share lessons learned from research and practice.

Building Healthy, Strong Communities

Presenter: Ashley Tuomi CEUs: 1.25 Macro

We have almost made it through the first year of the Affordable Care Act Implementation. Although many American Indians/Alaska Natives receive services through Indian Health Services, there are still many benefits and challenges that are present. This presentation will address the changes currently underway and how the new law is impacted Michigan Indians.

10:15AM - 10:30 AM **Break**

10:30 AM - 11:45 AM Session 2 (Select one)

Improving Access to Oral Health Care in Michigan

Presenters: H. Luke Shaefer, Jan Hudson, Amy Zaagman, and Peter J. Polverini CEUs: 1.25 Macro

This session will include a panel of presenters to discuss various aspects of efforts to increase access to oral health care in Michigan. Presenters include: Jan Hudson, Senior Policy Analyst, Michigan League for Public Policy; Amy Zaagman, Executive Director, Michigan Council for Maternal and Child Health; Dr. Peter Polverini, Professor of Dentistry and dean emeritus, University of Michigan Dental School; and H. Luke Shaefer, associate professor University of Michigan School of Social Work and a research affiliate at the National Poverty Center.

Implementation and translation of research in the practice setting

Presenter: Barbara Hiltz and Bonnie Dockham CEUs: 1.25 Macro

This presentation will provide information about how to conduct a translational research project in the community setting, as well as how community organizations can use existing research to provide evidence informed services. Using examples from practice, attendees will learn how to build relationships with university partners as well as modify, implement and test an evidence-based program.

Social Work and the Animal-Human Bond

Presenters: Kristine Siefert CEUs: 1.25 Clinical

This session provides an overview of the complex relationship between humans and animals, ranging from the significance of companion animals and the need for social support for bereaved pet owners to the relationship between animal abuse and family violence. The session describes how clients can benefit from companion animals, animal-assisted activities, service animals, and therapy animals. Resources for social workers interested in animal-assisted activities and interventions are presented.

Promoting Safe and Stable Families

Presenter: Jamila Weathers CEUs: 1.25 Macro

This workshop focuses on how multidisciplinary teams can positively affect child welfare outcomes, using the Detroit Center for Family Advocacy's innovative program as an example. The workshop will describe how providing legal advocacy and social work services to low-income families can prevent the unnecessary placement and prolonged stay of children in foster care, minimize the emotional trauma caused by removal, and allow the foster care system to focus its resources on children who need its protection.

11:45 AM - 1:00 PM

Lunch

Bring your lunch, or a list of local eateries will be available the day of the conference.

12:30 PM - 1:00 PM

Optional Networking Activity

1:15 PM - 2:15 PM

Session 3 (Select one)

Inner-vations for Self-Regulation

Presenter: Claire Casselman CEU: 1 Pain

When living with pain (which is often associated with anxiety/grief/mood disturbance), it is common to assume a posture and image of powerlessness. This session offers opportunities to consider methods to help clients develop a sense of control and self-efficacy. Tools for teaching clients to access the "inner" self will be discussed and rehearsed.

Managing Chronic Pain with CBT

Presenter: Liz Haas CEU: 1 Pain

Chronic Pain is a common comorbidity for those seeking mental health and social work services. Chronic pain is often undertreated or mistreated due to inadequate access to care, stigma, and social inequalities. This course discusses Cognitive Behavioral Therapy for Managing Chronic Pain. CBT-CP is an evidence based treatment that has shown to be effective in assisting clients with improving their functioning while living with a chronic pain condition.

2:15 PM - 2:30 PM

Break

2:30 PM - 4:00 PM

Session 4 (Select one)

Building and Maintaining Ethical Responsibilities in Community Health

Presenter: Abigail Eiler and Sara Hughes-Zabawa CEUs: 1.5 Ethics

This course will offer an overview of the NASW Code of Ethics, foster a discussion regarding the ethical dilemmas within community mental health, and evaluate our ethical commitment to the communities we serve. The introduction and overview of the NASW Code of Ethics will highlight the evolution of ethical standards within the profession and explore their current role in guiding ethical social work practice. Building upon an understanding of the framework the NASW Code of Ethics provide, a discussion will be provided surrounding the ethical dilemmas commonly faced in community mental health with specific attention given to the ethical use of technology as it relates to client confidentiality and community-based participatory research.

Socially Just Supervision: Improving your relationship as supervisors and a supervisee

Presenter: Shari Robinson-Lynk CEUs: 1.5 Macro

In this engaging workshop, we will define and explore the role of social justice, as well as socially just supervision, in our profession. Supervisors and supervisees at agencies, organizations and those who work with students in field placements will find this workshop beneficial to their work.